



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2023 Goals and Plans

Cayuga County Community Services Board

- Goal 1:** Increase housing capacity and access for individuals with developmental disabilities, substance use problems and behavioral health challenges
- Goal 2:** Expand access to crisis services including mobile crisis and short term/overnight respite
- Goal 3:** Expand the human service workforce to close treatment gaps in services and supports
- Goal 4:** Implement prevention efforts to address both suicide and substance abuse
- Goal 5:** Recruit, train and employ peer specialists in human service settings
- Goal 6:** Increase job opportunities for individuals with developmental disabilities
- Goal 7:** Increase timely access to substance use disorder outpatient services including medication assisted treatment
- Goal 8:** Strengthen children's system of care

Annual and intermediate plans for addiction services:

Prevention and treatment:

1. Identify and track substance use in the county
2. Identify gaps in service and develop evidence-based interventions to address these gaps
3. Continue education, marketing and distribution of Naloxone in the county
4. Increase access and timeliness of access to medication assisted treatment options
5. Cross system training to improve effectiveness of substance use treatment
6. Implement evidenced programs to address substance use in youth
7. Create programs to provide pro-social activities for youth
8. Outpatient behavioral health clinics to integrate MAT services per OMH standards
9. Implement access to all options for medications for opioid use disorder in the county jail
10. Implement processes to evaluate prevention, treatment, and recovery program outcomes
11. Perform public education and outreach to reduce stigma and increase awareness of preventive measures, treatment and recovery options
12. Identify and implement harm reduction measures and services for prevalent substances
13. Maintain collaboration and communication among community agencies through a coordinated Overdose Taskforce, Overdose Spike Alert System, and Fatality Review Board

14. Increase referrals to and participation in Auburn Intervention Court for eligible individuals

15. Reduce barriers to treatment

Expand current workforce:

1. Recruit, train and hire both professionals and peers to provide substance use services
2. Promote collaborations between organizations to maximize resources/including billing for peer services
3. Advocate for higher pay/benefits for providers of substance use services

Identify/Create employment/volunteer opportunities for individuals with SUD:

1. Continue education/work with community businesses to advocate for employment opportunities

Increase housing resources:

1. Establish transitional housing programs
2. Identify opportunities to create additional housing options with federal/state/local funding
3. Work with existing housing providers to create additional capacity

Annual and intermediate plans for developmental disability services:

Address service gaps:

1. Increase access to psychiatry
2. Increase access to crisis services including mobile crisis and out of home respite
3. Increase access to out of home, short term respite to support families
4. Expand service availability/options for children 0-5 as well as elementary-aged children to meet increasing need

Expand treatment options:

1. Cross system training to improve the provision of clinical and crisis services
2. Create a network of county providers with cross system expertise
3. Provide homebased clinical services to individuals struggling with increased mental health challenges
4. Implement social skills groups
5. Advocate for the continued use of telehealth post waiver to provide treatment options

Address workforce shortage:

1. Recruit, train and hire human service professionals
2. Advocate for higher pay/benefits for providers
3. Improved training resources to better meet the needs of individuals with DD

Identify/Create employment/volunteer opportunities for individuals with DD

Annual and intermediate plans for mental health services:

Develop a peer workforce to provide behavioral health support services:

1. Incorporate new Mental Health Treatment and Rehabilitative Services Regulations in outpatient services
2. Recruit, train and hire peers to participate as members of the treatment team in outpatient and community organization settings

Expand access to crisis services:

1. Expand mobile crisis to 24/7
2. Continue collaboration and integration with state crisis response system (988)
3. Operationalize use of I-pad /telehealth to increase access to law enforcement when responding to behavioral health crises
4. Increase access to overnight respite for adults
5. Improve coordination between providers, law enforcement, schools and other community organizations

Increase housing resources:

1. Identify opportunities to create additional housing options with federal/state/local funding
2. Work with existing housing providers to create additional capacity

Increase collaboration/partnering in Children's System of Care:

1. Outreach/marketing to pediatric offices
2. Partnering with pediatric offices to administer behavioral health screening and delivery of psychiatric medications
3. Continue collaboration/consultation with schools in implementing school-based initiatives to address behavioral health
4. Expand understanding of trauma and create a trauma informed community
5. Fully implement school threat protocol with participation by all school districts, law enforcement and behavioral health providers

Address workforce shortage:

1. Recruit, train and hire human service professionals
2. Advocate for higher pay/benefits for providers

Prevention and treatment:

1. Formalize collaboration with ACH ED and BHU to reduce admissions and readmissions for behavioral health crisis
2. Increase communication with and participation by, ACH in the LGU
3. Identify and implement evidence-based modalities

Reduce suicide:

1. Track and share data
2. Strengthen public health efforts throughout the county
3. Ensure timely access to services and improve engagement in treatment
4. Provide ongoing clinical trainings for providers as well as Mental Health First Aid for community members

Identify/Create employment/volunteer opportunities for individuals with behavioral health challenges:

1. Explore and implement options for PROS to bolster employment supports
2. Connect individuals with high needs to CORE services to provide employment assistance

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Submitted for: Cayuga County Community Services Board