

# Cayuga County Community Mental Health Center

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CCCMHC

146 NORTH STREET • AUBURN, NY 13021-1831  
Phone 315-253-2746 • Fax 315-253-1687

**Press Release 10/27/22**

**Community Narcan Training To Be Held in Cato on November 2<sup>nd</sup>**

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Overdoses don't just happen in cities. In fact, when overdoses occur in rural areas, they are more likely to be fatal. Local 2022 data confirms this concerning trend for Cayuga County. Individuals who overdose in rural parts of the county are three times more likely to die from it.

The Healing Cayuga team is ramping up efforts to distribute Narcan nasal spray through community training events in rural areas. We aim to create a stigma-free and safe environment for people to engage and learn about how they can protect themselves and others in case of an opioid overdose emergency. The next Narcan training and distribution event is scheduled for

**Wednesday, November 2 from 5-7 pm at the Cato-Meridian High School Library**

This will be the nineteenth community training this year in the county and trainees will receive a free Narcan kit and community resources, which are provided by the Opioid Overdose Prevention Program of Cayuga County Mental Health. Overdose witnesses have reportedly helped save 26 lives with Narcan this year.

Almost 200 overdoses have been reported since the beginning of this year. We have lost 6 lives so far this year, half of them outside of Auburn. Fatal overdoses almost always involve opioids, more than one substance, and the synthetic and very deadly synthetic opioid fentanyl. Other illegal substances, such as cocaine, fake prescription pills, and synthetics known as "molly" are frequently laced with fentanyl, often without the user's knowledge. This makes overdoses and fatalities more likely. It is critical for individuals who use any illegal substances (and people in their household) to have the opioid overdose-reversing Narcan nasal spray at hand to be able to render first aid in case of an overdose emergency.

Earlier in October, Healing Cayuga partnered with the Town of Conquest and conducted a community Narcan training at their town hall where 15 residents were trained and went home with a free Narcan kit and recovery resources.

Narcan can reverse the effects of an opioid overdose and save someone's life. Anyone can and should administer this nasal spray if they suspect any type of overdose. If no opioids were involved, Narcan will not harm the person, it just won't have any effect. It may require multiple doses of Narcan to revive a person, which makes it crucial to call 911 when you witness an

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overdose, even after you started administering Narcan. The Good Samaritan Law protects you if you call 911 when you see or experience a drug overdose.

Cayuga County residents can also request a free Narcan kit to be mailed to their home at [www.cayugacounty.us/narcan](http://www.cayugacounty.us/narcan). If someone has used their Narcan, they can request a replenishment kit on the same page.

**Protect your loved one from  
opioid overdose.**



## **FREE NARCAN TRAINING**

Wednesday, November 2, 2022  
5-7PM at Cato-Meridian  
High School Library

Training & Narcan provided by Healing Cayuga & Opioid Overdose  
Prevention Program of Cayuga County Mental Health  
[cayugacounty.us/healingcayuga](http://cayugacounty.us/healingcayuga)

- Recognize the signs of an overdose
- Learn how to use Narcan
- Learn about community resources
- Get a free Narcan kit

**CARRY NARCAN.  
SAVE A LIFE.**

