



**Kathleen Cuddy, MPH**  
**Public Health Director**  
**Cayuga County Health Department**  
**8 Dill St.**  
**Auburn, NY 13021**



**For Immediate Release: Friday, June 10, 2022**

**Income Guidelines Updated for WIC Program**

More families may be eligible for WIC! The new income guidelines for WIC eligibility have been released, effective through June 30, 2023. The income requirements are surprising and many people qualify and do not know it. Even working families can qualify to receive WIC benefits.

**If you are pregnant, nursing, or caring for children under the age of five, you may qualify to receive the benefits of WIC!** Families that receive Medicaid insurance, SNAP or TANF are automatically income eligible and do not need to have their income formally assessed.

The Cayuga County WIC office is now located at 100 North St. Suite 100 – right next to the Play Space. For more information about the WIC Program go to [www.cayugacounty.us/health](http://www.cayugacounty.us/health) or [www.wicstrong.com](http://www.wicstrong.com). If you would like to speak to someone, give our office a call at 315-253-1406.

**FEDERAL WIC INCOME ELIGIBILITY GUIDELINES**

<b>Gross Income Household Size</b>	<b>Effective through June 30, 2023</b>				
	<b>Annual</b>	<b>Monthly</b>	<b>Twice-Monthly</b>	<b>Bi-Weekly</b>	<b>Weekly</b>
1	\$25,142	\$2,096	\$1,048	\$967	\$484
2	33,874	2,823	1,412	1,303	652
3	42,606	3,551	1,776	1,639	820
4	51,338	4,279	2,140	1,975	988
5	60,070	5,006	2,503	2,311	1,156
6	68,802	5,734	2,867	2,647	1,324
7	77,534	6,462	3,231	2,983	1,492
8	86,266	7,189	3,595	3,318	1,659
<i>For each additional member, add:</i>	+\$8,732	+\$728	+\$364	+\$336	+\$168

