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## **Daycare COVID-19 Exposures**

Over the past month in Cayuga County, there have been five different COVID-19 outbreaks traced back to daycares where a child or staff member went to daycare with symptoms. All five daycares had to close down specific classroom(s) or close down all together. This affected the health and well-being of multiple families for at least 10 days if not more.

The Cayuga County Health Department wants to remind the public to stay home if they are feeling any of the following symptoms, regardless of severity:

- Nasal Congestion
- Runny Nose
- Sore Throat
- Headache
- Fatigue

- Chills
- Muscle Aches
- Cough
- Loss of Taste and/or Smell
- Nausea, Vomiting, Diarrhea, Upset
   Stomach
- Fever
- Shortness of Breath / Difficulty Breathing

Often times, COVID-19 infections mimic allergy-like symptoms, and many people may confuse these symptoms for the common cold. If you or your child is experiencing symptoms, no matter how mild or severe, DO NOT send your child to daycare, camp or school, DO NOT go to work or out in public. Stay home, contact your healthcare provider, and get tested for COVID-19.

The Cayuga County Health Department has seen an increase in the number of positive children infected with COVID-19 as they are not eligible to receive the vaccine yet. Help protect the health and safety of this vulnerable portion of our population by getting your vaccine, staying home when sick, wearing your mask indoors in public settings, getting tested for COVID-19 and stay at home until receiving results.