

Helio Health

Regional Open Access Center

The Regional Open Access Center is available 24/7/365 for those seeking support and treatment for substance use and mental health disorders.

Clinicians and peers can assist individuals in determining the appropriate level of care needed and offer referrals to treatment.

ROACA can be accessed by calling 315-471-1564

The mission of Helio Health is to promote recovery from the effects of substance use and mental health disorders and other health issues.



Helio Health[®]

Where hope meets healing

www.helio.health



How to Access Care During COVID-19



Open and Admitting

Helio Health is working every day to provide safe avenues to treatment for those seeking help for substance use and mental health disorders.

Offering call-ahead screenings, telehealth appointments, and virtual peer supports, we are committed to continue to bring hope and healing to anyone in need.

Call-Ahead Screenings

In order to protect our patients, families, and staff we are asking individuals who are able to call before coming in so that we can offer a brief phone screening.

Please call: 315-471-1564



Telehealth Services

The telehealth services at Helio Health ensure our patients receive safe, quick, and reliable access to treatment.

Telehealth allows us to provide intake assistance, individual counseling sessions and medication management through individual phone calls.

Group Counseling sessions are conducted by conference calls to keep participants connected to their peers.

Face to face sessions with medical staff are offered over the Zoom app.

We will supply the necessary contact information to patients when enrolled in the programs.

Center of Treatment Innovation

The COTI Team at Helio Health is providing supports through telehealth practice by offering virtual assessments, linkage to care, admission and intake assistance as well as peer support services.

**COTI peers can be accessed
Monday-Friday from 8:00am-8:00pm
by calling 315-401-4288**

The Recovery Center

The Recovery Center is offering virtual peer support services 7 days a week.

**Please call: 315-701-1518
Monday-Friday 8:00am-4:30pm
Saturday 10:00am-6:00pm
Sunday 12:00pm-4:00pm**