



Information Handout for Patients Not Transported by Emergency Medical Services

If your symptoms worsen:

- **Contact your health care provider.**
 - **If it is an emergency, call 911.**
 - **Upon first contact with any health care provider (physician, ambulance, emergency room, clinic) inform them immediately that you have a cough/fever so that they can treat you promptly and appropriately.**
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- Consider taking over-the-counter medications that you normally use for cough/fever. If under age 15 do not take aspirin or aspirin containing products.
 - Continue to take your regular medications unless your health care provider advises you otherwise.
 - Stay at home until you have no fever for 24 hours without the use of fever-reducing medication.
 - Avoid close contact with others.
 - Cover your mouth when sneezing, blowing your nose or coughing.
 - Avoid touching your eyes, nose and mouth. Germs spread this way.
 - Wash hands frequently and always after coughing/sneezing, etc. Use soap and water or alcohol-based hand sanitizer.
 - Do not share glasses, cups, utensils, toothbrushes.
 - Clean hard surfaces (especially in commonly used areas: bedroom, kitchen, bathroom) with standard household disinfectants.
 - Contact your health care provider if you have any further questions or if your condition worsens.

NYS COVID-19 Hotline

Call 1-888-364-3065 for Information about COVID-19

Local Health Department COVID-19 Hotline: