

# Cayuga County Community Services Board

Theresa Humennyj, Chair

## Mental Health Subcommittee

April 20, 2023

**Members Present:** Theresa Humennyj, Beth Dishaw, Christine Bianco, Diane Schenck, Jean Winne.  
**Members Excused:** None.  
**Members Absent:** Kate Stott-Dennis.  
**Staff/Guests Present:** Lauren Walsh, Director of Community Services; Liz Burke, CCCMHC Deputy Director; Emily Hitchcock, Cayuga Counseling Services; Yolanda Cherbini and Justin Scott; Liberty Resources.

### I. ROLL CALL/CALL TO ORDER

Theresa Humennyj called the meeting to order at 12:02pm. Roll called; quorum is present.

### II. REVIEW OF MINUTES

Draft November Minutes were emailed to sub-committee members. On a motion by Jean Petrosino-Winne, seconded by Christine Bianco, minutes of the November 9, 2022, meeting were approved as submitted. Motion carried.

### III. PUBLIC TO BE HEARD – None today.

### IV. DIRECTOR'S REPORT – Daytime Mobile Crisis rolled out to Law Enforcement on Monday, April 17, 2023. All Officers will have their own iPad and be trained to utilize for mental health crisis. CCCMHC is fully staffed at this time and census continues to climb with more intakes per month than last year. CCCMHC received a grant that will certify 17 of their DBT (Dialectical Behavior Therapy) trained therapists as well as the clinic's DBT programs. They are hoping to open this up to other agencies as well once they have that certification. Elmcrest Childrens Center Respite is open and taking referrals.

### V. LOCAL SERVICES PLAN – This year's plan has been delayed due to language. The Plan is due in June and we are waiting for further direction.

### VI. MENTAL HEALTH TASK FORCE – None today.

### VII. AGENCY REPORTS

A. **Behavioral Health Unit** – No representation.

B. **Cayuga Counseling Services** – Med Management team now consists of 2 doctors and 5 NP's (1 new doctor and 1 new NP). School-Based Services have been busy with one therapist at every school in the Auburn District. The clinic has 1 new therapist. Working through waitlists at the school and clinic. SAVAR has moved to 17 E. Genesee Street, 3<sup>rd</sup> Floor, Auburn

C. **CONTACT Community Services** – No representation.

D. **Hillside** – No representation.

E. **Liberty Resources** – There is a current need for beds with 41 currently filled.

F. **PROs/Unity House** – No representation.

### VIII. UNFINISHED BUSINESS – The Mental Health Subcommittee still needs a Chair.

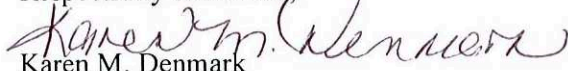
### IX. NEW BUSINESS – Mental Health Subcommittee will focus on reaching capacity. Several members may have leads on people to recruit. The County website has a form to download for member nomination that can be forwarded to Theresa, Karen or Paula.

### X. ANNOUNCEMENTS – None Today.

### XI. ADJOURNMENT

On a motion by Jean Petrosino-Winne, seconded by Beth Dishaw, the meeting was adjourned at 12:48 pm. **The next scheduled meeting of the MH Subcommittee is Thursday, May 18, 2023 at 12:00pm to be held virtually.**

Respectfully submitted,

  
Karen M. Denmark  
Subcommittee Secretary