

Cayuga County Community Services Board

Laurie Piccolo, Chair

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Mental Health Subcommittee

April 18, 2019

Members Present: Scott Marshall, Linda Murphy, Heather Paris, Deborah Riester, Diane Schenck, and Katie Stott-Dennis

Members Excused: Martin Centers, Beth Dishaw, and Theresa Humennyj (Chair)

Staff/Guests: Stephanie Dean, Contact Community Services; Karen Eller, Evergreen; Judi Magee, PROS/Unity House; Timothy Donovan, CSB/ASAS/PWDD

- I. Scott called the meeting to order at 12:04pm.
- II. Draft minutes of the March meeting were emailed to members. On a motion by Diane, seconded by Heather, the March 21, 2019 meeting minutes were approved as submitted; motion carried.
- III. **Public to be Heard** – There was no public to be heard today.
- IV. **Director's Report** – Not discussed.
- V. **Speaker Series** – No scheduled speaker this month.
- VI. **Local Services Plan**
 - a. Mental Health Task Force – Scott asked if the banner artwork had been decided; Task Force reported that the banner is ready.
- VII. **Mental Health Awareness Month (MHAM)** – Banner for MHAM (donated by Cayuga County Mental Health) is going up outside Hunter's Dinerant. Green lights have been postponed to next year due to cost. Scott proposed organizing a rally or walk for MHAM next year. Timothy Donovan mentioned that there is a current walk: Tim Duran Recovery Walk is put on by Auburn City Drug Court. They are partnered with NAMI. Timothy will send more information along regarding date/time. It has been occurring annually for the last three years.
- VIII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
 - a. Behavioral Health Unit – Not discussed.
 - b. Cayuga Counseling Services – Not discussed.
 - c. Contact Community Services – Volunteers who began in January are now taking phone calls. Got funding to do an opioid text line for people looking for services or supports. This will be extended into the already-offered 211 service. Nick's Ride has started an app that allows people to text and get an automatic response that will help them get started with services. This is not affiliated with Contact's texting services.
 - d. Evergreen – Not discussed.
 - e. Hillside – Not discussed.
 - f. Liberty Resources – Not discussed.
 - g. PC² – Not discussed.
 - h. PROs/Unity House – Treatment apartment program is doing better in terms of staff; they are only down two staff members which is reportedly very good compared to the past year. There are a few openings in the treatment apartment program due to unexpected discharges. One respite bed is filled, one is not. One of the respite programs ends May 24.

IX. **Old Business** – Not discussed.

X. **New Business** – Not discussed.

XI. **Announcements** – Announcements from Timothy Donovan: the DA's office on 95 E. Genesee Street will have a display in the window showcasing MHAM, organized by Timothy and assisted by Martin Centers, Margaret Phinney, and Amie Jablonski at PROs.

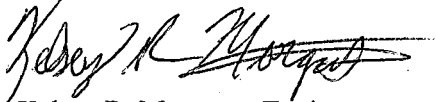
At the April 30 Cayuga County Legislature meeting, a proclamation will be issued recognizing MHAM. The meeting is at 6pm on the sixth floor of the County Office Building. Theresa is going to try to be there, but someone else from the Mental Health Subcommittee may need to go in her place.

Timothy passed out a new "Alcohol Substance Abuse Support In and Around Cayuga County" booklet; the booklet is created by Syracuse Recovery Services. The Sheriff's office has lots of materials in their lobby regarding recovery and mental health services for people leaving jail and their families; DeeDee said that anyone can drop off appropriate materials. Timothy also brought some of his previous columns for *The Citizen*: "Addiction often connected to mental health issues" and "How stigmas can hinder treatment, recovery."

Scott proposed sending a bouquet of flowers to Theresa and her baby. A motion was made by Heather and seconded by Linda to collect money from members for the bouquet. Heather will be collecting money.

XII. **Adjournment** – On a motion by Heather, seconded by Linda, the meeting adjourned at 12:20pm; motion carried.

Respectfully submitted,



Kelsey R. Marquart, Typist