

# Cayuga County Community Services Board

Laurie Piccolo, Chair

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## Mental Health Subcommittee

February 21, 2019

Members Present: Martin Centers, Theresa Humennyj, Scott Marshall, Linda Murphy, Heather Paris, Deborah Riester, and Diane Schenck

Members Excused: Katie Stott-Dennis

Staff/Guests: Ray Bizzari, Cayuga County Mental Health Director; Jennifer Coughlin, Cayuga County Mental Health Deputy Director; Beth Dishaw; Nicole Rozelle, Cayuga Counseling Services; Stephanie Dean, Contact Community Services; Karen Eller, Evergreen; Aaron Pascale and Jean Galle, Hillside; Judi Magee, PROS/Unity House


- I. Theresa called the meeting to order at 12pm.
- II. Draft minutes of the January meeting were emailed to members. On a motion by Scott, seconded by Martin, the January 17, 2019 meeting minutes were approved as submitted; motion carried.
- III. **Public to be Heard** – There was no public to be heard today.
- IV. **Speaker Series** – No scheduled speaker today. Brief discussion of last month's speaker: anyone can make a SPOA referral; you can even refer yourself. People wanted the speaker series to be understandable by someone who doesn't work in the field.
- V. **Local Services Plan**
  - a. Mental Health Task Force – Please alert the committee as to any events that are coming up so they can be shared. Jennifer wants the website to stay fresh, so will coordinate with the Mental Health Task Force; wants to attend the next meeting of the Task Force. Engagement on the Facebook page is rising; Heather is encouraged by its growth.
- VI. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
  - a. Behavioral Health Unit – Not discussed.
  - b. Cayuga Counseling Services – Not discussed.
  - c. Contact Community Services – Not discussed.
  - d. Evergreen – Not discussed.
  - e. Hillside – Not discussed.
  - f. Liberty Resources – Not discussed.
  - g. PC<sup>2</sup> – Not discussed.
  - h. PROs/Unity House – Not discussed.
- VII. **Old Business** – None discussed.
- VIII. **New Business** – Parking issues at Cayuga County Mental Health were discussed. Brief discussion regarding moving the location of the meeting. A motion was made by Heather to investigate options regarding other locations for the meeting. Diane seconded. Watch for news about location moving for next month's meeting.
- IX. **Director's Report** – Marty and Jennifer attended CIT (Crisis Intervention Team) in Albany. This was an opportunity to bring counties together to get a plan in place before the training to develop the CIT plan. There is difficulty in the coordinating of agencies. Next steps are

training for law enforcement working with people with mental health issues and a mapping activity where all organizations come together to figure out what response options they have/how to work together to get needs met in a crisis. Officers volunteer to be trained in crisis intervention (enough to cover all shifts). The idea is to give responders empathy for these situations. The mapping activity also has a goal of figuring out points of intersection among agencies. The ultimate goal would be for the agencies to continue working together past the mapping phase. Adult Protective Services/DSS on call will be looped into this planning. Ray shared that there's a goal to get adult services in the area coordinated like children's services are. He also shared that groups for adults will be starting at the Boyle Center through Cayuga County Mental Health and another psychiatrist is joining Cayuga County Mental Health in a couple months: Dr. Mark Cattalani (he is retiring as the Executive Director of Hutchings).

X. **Announcements** – Auburn Public Theater is holding events for Children's Mental Health Week. Cayuga Counseling is putting on their annual Java with the Gents Fundraiser at Springside on Friday, April 5. May is Mental Health Awareness Month. Heather wants to do some kind of call to action in the community (e.g. random acts of kindness for the month); the Task Force will work on this too. Discussion about getting a banner to hang downtown during Mental Health Awareness Month, and maybe green lights too. Want to get something in The Citizen for the month, and feature it on the website. Theresa wants the committees to get involved in the local parades.

XI. **Adjournment** – On a motion by Scott, seconded by Heather, the meeting adjourned at 12:58pm; motion carried.

Respectfully submitted,



Kelsey R. Marquart, Typist