

# Cayuga County Community Services Board

Laurie Piccolo, Chair

146 North Street, Auburn, NY 13021-1831

## Alcohol & Substance Abuse Subcommittee

February 6, 2018<sup>9</sup> pmr

**Members Present:** Timothy Donovan; Michael Greene; Cynthia Malek; Laurie Piccolo; Brian Schenck; Chris Soprano  
**Guests Present:** Darlene Podolak, Ashley Short, Unity House; Kevin Hares, CHAD; Lisa Bowline, Helio Health; Lisa Forshee, Syracuse Recovery Services; Lauren Davie, CRARC  
**Staff:** Ray Bizzari, CCCMHC

### I. CALL TO ORDER & INTRODUCTIONS

Laurie Piccolo called the meeting to order at 12:03 p.m. Laurie welcomed the Subcommittee and introductions were made. Quorum was present.

Laurie asked for a motion to change the agenda to move New Business after the Review of Minutes. On a motion by Michael Greene and seconded by Timothy Donovan, New Business will be discussed after the Review of Minutes.

### II. PUBLIC TO BE HEARD – None this month.

### III. REVIEW OF MINUTES

Members were emailed a *draft* of the October 3, 2018 minutes. On a motion by Timothy Donovan, seconded by Brian Schenck, the October 3, 2018 minutes were approved. Motion carried.

- New Business - Appoint a New Chair
  - At this time Laurie made a motion to appoint Brian Schneck as Chair of the Alcohol & Substance Abuse Subcommittee on an interim basis. Motion was seconded by Michael Greene with a unanimous vote from the members. Motion carried. Laurie turned the meeting over to Brian.

### IV. REPORTS

- ACH ER – No report this month.
- CHAD – Kevin Hares
  - Looking towards increasing the census and revenue.
  - Main focus is on patient center care, retention of clients, and no show rates.
  - Discussed Priority Admissions, Secret Shopper, and Implementation of the Perception of Care Survey.
  - Kevin will be meeting with the Sheriff and Ray on Friday to discuss funds from OASAS to be used for the jail.
- Drug Court – No report this month.
- GRACE House – Ashley Short
  - Seeing an increase in the use of synthetic substances. There is little recourse due to no measures to test for these substances.
  - Continuing to see clients abusing Wellbutrin and Gabapentin.
  - Implemented a Synthetic Undetectable Drug Use Protocol to assess and address residents using undetectable drugs.

- Kevin updated that people are being discharged from in-patient rehab facilities with fairly significant doses of Gabapentin. Discussion took place regarding the abuse of this drug and synthetic drugs.
- Cayuga County Mental Health – Ray Bizzari
  - The funds for the jail as previously updated by Kevin were received from the Governor's Budget in the amount of \$60,000.
  - Gave a brief overview of our involvement with Columbia University's Juvenile Justice Study.
  - Helio Health sent out an email regarding detox beds and wanted to be sure everyone has received this email.
- Cayuga County Jail – Brian Schenck
  - Waiting for the Civil Service Test results for the Transition Coordinator position.
  - Waiting for approval from Legislature for a new jail administrator.
  - Narcotics Anonymous meetings will once again be offered to inmates.
  - Vivitrol injections are being offered to inmates who are willing to participate in this program.
  - Working towards making his department more active in prevention by putting staff in place to support this initiative.
  - Attending the State Sheriff's Association press conference in Albany with Sheriffs from across the state regarding legalization of marijuana.
  - DWI statistics for January: New York State Police had six arrests, Auburn Police Department had two arrests and County Sherriff's Department had one arrest.
- Drug Free Community Coalition – Kevin Hares
 

Kevin updated on behalf of JoLynn who is currently in Washington D.C. for business:

  - The DFCC Annual Meeting was held in January to review coalition progress. Elections will be held in the February for the Vice-Chair position.
  - There is a new movie, *Beautiful Boy*. Would like to obtain a copy for showing in the community.
  - The budget process has been completed for next year.
- Community – Tim Donovan
  - Distributed an article, Fake IDs Seized in Record Numbers, which recently appeared in The Citizen last week.
  - Relayed a discussion that took place regarding fake IDs and how easy it is to use them to gain entrance into local bars and the ability to purchase liquor in stores. Discussion took place regarding upcoming compliance checks.
  - Spirit of Love Convention which was held last weekend at the Waterloo Holiday Inn was well attended.
  - The Alcohol Convention, The Round Up, will be taking place this weekend at the Syracuse Holiday Inn. The cost is \$30.00.
- Syracuse Recovery Services – Lisa Forshee
  - Afton Waters has been appointed as the director of the Auburn site.
  - Discussed her interaction with Center of Treatment Innovation (COTI) and working with Catherine from Helio Health to obtain services needed by the client.
- Helio Health– Lisa Bowline
  - There has been an increase in referrals from Auburn Community Hospital, CHAD, and Syracuse Recovery Services.
  - Recently reviewed their success rate. Currently 85% to 86% of people who they engage with get into treatment.
  - Seeing an increase in homeless clients.
  - Ray requested a copy of the CODI reports be shared with the group.
  - Provided NARCAN training along with the Auburn Housing Authority at the Rescue Mission this past week.
    - Ray requested she provide this training to Cayuga County Mental Health staff.
  - Discussed capacity to respond after hours. CODI line rings until 8:00 p.m. and then after that time is rolled over to the Regional Open Access Chemical

Addiction line or Zultez Line. Discussion took place regarding the types of calls they are receiving.

➤ Updated that all trainings are located on the Helio Health website.

• Other Reports

➤ Tim suggested to have someone from Drug Court attend our meeting. Laurie or Brian will reach out to Carol Colvin regarding this request.

➤ Kevin discussed high co-pays being an issue for clients seeking services. Also mentioned was the high fees for mental health services for clients on Medicare.

**V. OLD BUSINESS – None this month.**

**VI. NEW BUSINESS**

➤ Appoint A New Chair

➤ See Review of Minutes section for discussion.

➤ New Recruits

➤ Laurie updated that this committee is seeking three more members. Discussion took place regarding potential candidates. Mike suggested the nomination form, the subcommittee brochure, the CSB brochure, and a copy of the last meeting minutes be sent to potential candidates.

➤ Website Content

➤ Jennifer Coughlin unable to attend today's meeting.

**VII. ANNOUNCEMENTS**

➤ Laurie announced Cayuga Seneca Community Action Agency, in partnership with the Auburn Alliance Churches, will be holding a training, In Their Shoes, at Booker T. Washington on Saturday, February 9<sup>th</sup> from 9:00 a.m. to 11:00 a.m.

➤ Cayuga Seneca Community Action Agency is seeking on-call domestic violence advocates.

➤ Tim announced the Knights of Columbus offers a traditional soup kitchen on Tuesdays from 4:30 p.m. to 6:30 p.m. Flyers were distributed with the information.

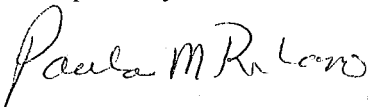
➤ Mike announced on Friday, February 8<sup>th</sup>, a fundraiser for the soup kitchen and local charities will be taking place from 5:00 p.m. to 9:00 p.m.

➤ Lauren Davies updated that the Central Region Addiction Resource Center will be holding their 2<sup>nd</sup> Annual Provider Showcase in March. Flyers were available at the meeting.

**VIII. ADJOURNMENT**

The meeting adjourned at 1:00 p.m. on a motion by Laurie Piccolo and seconded by Michael Greene. Motion carried.

Respectfully submitted,



Paula M. Rubano, Senior Clerk  
Cayuga County Mental Health Center