

Cayuga County Community Services Board

Laurie Piccolo, Chair

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Mental Health Subcommittee January 20, 2022

Members Present: Theresa Humennyj (Chair); Beth Dishaw; Jean Petrosino-Winne [left at 12:59pm]; Diane Schenck; Elizabeth Vuillemot

Members Excused: Christine Bianco, Katie Stott-Dennis

Members Absent: None

Staff/Guests: Lauren Walsh, soon to be Director of Community Services; Elizabeth Burke, Deputy Director, CCCMHC; Judi Magee, Unity House; Aaron Pascale, Hillside; Becky Waldron, Cayuga Counseling; Amy Sargent, Liberty Resources; Timothy Donovan, Cayuga County Mental Health Recovery Advocate; Bob Davila, Cayuga Centers; Florence Dukes, Helio Health

- I. Theresa called the meeting to order at 12:02pm.
- II. Draft minutes of the December meeting were emailed to members. On a motion by Beth, seconded by Diane, the December 9, 2021 meeting minutes were approved as submitted; motion carried.
- III. **Public to be Heard** – None this month.
- IV. **Director's Report** – Theresa introduced Lauren Walsh as the soon-to-be Director of Community Services. Lauren has been with the County for going on nine years. She's a therapist at CCCMHC, worked in the community and at different school districts. She implemented and started the DBT program at the clinic and expanded that to the community. She's also worked with DSS adult and child protective services as a liaison between DSS and CCCMHC. Theresa welcomed Lauren and stated that the subcommittee is looking forward to working with her.
- V. **Local Services Plan** – Elizabeth Burke was introduced as the new Deputy Director of CCCMHC. She's been with the county for about twelve years as the Compliance Officer. Has done a lot of work in the clinic around Quality Improvement Initiatives. Prior to this, she was at Cayuga Home for Children for about twenty years in the community-based program. Theresa welcomed Elizabeth B and is looking forward to working with her. Theresa shared that the LSP is on the agenda to make it more of an active working document. Elizabeth B will provide an update on what has been accomplished from the 2021 LSP in February.
- VI. **Mental Health Task Force** – Elizabeth V will be setting up a Doodle Poll to organize a meeting for the MHTF. Reminder to brainstorm ideas for Mental Health Awareness Month. Timothy shared that his monthly columns will be starting up again soon. He's planning to write about stigma for Mental Health Awareness Month.
- VII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
 - a. Behavioral Health Unit – No representation. Discussion took place regarding if the BHU/Hospital needs to report to this subcommittee and taking a closer look at exactly which agencies need to report.
 - b. Cayuga Counseling Services – Diane appreciated the new report provided by Cayuga Counseling Services; discussion took place on the same report being provided by CCCMHC. Recently awarded two research grants from Sheriff's Office and Auburn Police Department to research outcomes for the Victim Services Specialists who work at

those agencies. The grants cover two months of research. Announced that Emily Hitchcock will be the new Clinic Director; she has worked at Cayuga Counseling for about five years.

- c. Contact Community Services – No representation.
- d. Hillside – Not discussed.
- e. Liberty Resources – Not discussed.
- f. PROs/Unity House – Not discussed.

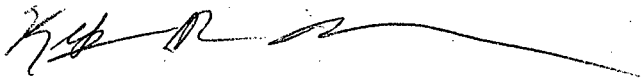
VIII. **Old Business** – Brief discussion regarding the possibility of honoring Ray Bizzari at the January legislature meeting. Timothy will follow up.

IX. **New Business** – If you would like to add anything to the agenda, please send to Theresa and Kelsey.

X. **Announcements** – Theresa has been nominated as chair for the Community Services Board. She needs to step down as chair for the Mental Health Subcommittee and would like to nominate someone for the position in February. Please send her an email if you're interested. This would require attendance at the Community Services Board and the Nominating Committee. Timothy announced that Catholic Charities received over 180 coats for their coat drive in addition to winter accessories. If any of your clients need coats, please reach out to Catholic Charities at 315-253-2222. Auburn Hunger Task Force has an updated lunch schedule; Timothy will provide to Kelsey to distribute. There will be upcoming AA and NA conventions which will recognize mental health dual diagnosis.

XI. **Adjournment** – Due to a lack of quorum at time of adjournment, Theresa Humennyj as Chair officially ended the meeting at 1:04pm.

Respectfully submitted,



Kelsey R. Marquart, Senior Typist