

Cayuga County Community Services Board

Laurie Piccolo, Chair

146 North Street, Auburn, NY 13021-1831
Phone: (315) 253-0341/Fax: (315) 253-1687

Mental Health Subcommittee January 17, 2019

Members Present: Martin Centers, Scott Marshall, Linda Murphy, Heather Paris, Diane Schenck, and Katie Stott-Dennis

Members Excused: Theresa Humennyj and Deborah Riester

Staff/Guests: Ray Bizzari, Cayuga County Mental Health Director; Jennifer Coughlin, Cayuga County Mental Health Deputy Director; Katie Montroy, Cayuga County Mental Health SPOA Coordinator; Nicole Rozelle, Cayuga Counseling Services; Stephanie Dean, Contact Community Services; Karen Eller, Evergreen; Aaron Pascale and Jean Galle, Hillside; Judi Magee, PROS/Unity House; Beth Dishaw; Timothy Donovan

- I. Scott called the meeting to order at 11:59am.
- II. Update from Ray: He is attending a meeting about new strategies surrounding school threats this afternoon. Posters were distributed regarding newly available mobile crisis transport services. \$92,000 in state aid will need to be reallocated; mobile crisis is now being funded by regional state aid, and in July Medicaid can be billed. A vote on a new provider to benefit from that state aid will take place in the near future.
- III. Draft minutes of the December meeting were emailed to members. On a motion by Martin, seconded by Heather, the December 13, 2018 meeting minutes were approved as submitted; motion carried.
- IV. **Public to be Heard** – There was no public to be heard today.
- V. **Speaker Series** – Katie Montroy from Adult SPOA: Single Point of Access for people in Cayuga County to get connected with housing options – (e.g. Unity House and Evergreen) – and involved with care management. Care management provides linkage to services and resources in the community. Let Katie know if you would like a SPOA application for review.
- VI. **Website Content** – Jennifer Coughlin discussed Cayuga County's new website that will be rolling out in the next couple weeks. Each department has the capability of updating their own section. She would like to see the subcommittees help populate the content of the website. Heather noted that the Mental Health Task Force has created a calendar regarding annual events (e.g. Mental Health Awareness Month) that can be utilized. Heather also brought up putting a link to the Facebook page onto the Mental Health section of the website. Sections will be updated monthly.
- VII. **Local Services Plan**
 - a. Mental Health Task Force – Heather Paris discussed Holistic Wellness in Cayuga County. Fliers have been produced and were distributed. Heather wants to speak with agencies regarding what different holistic services are available. Please contact her to set up a convenient time for your agency.
- VIII. **Mental Health First Aid Training** – not discussed – Heather motioned to table until next month and DeeDee seconded; motion carried. Jean is the point person for this, Marty will remind her.

IX. Agency Reports – reports received prior to this meeting have been reviewed by members*

- a. Behavioral Health Unit – Not discussed.
- b. Cayuga Counseling Services – Busy implementing new children’s services – community psychiatric support and treatment, OLP (other licensed professional), and PSR (psychosocial rehabilitation) for children. Hoping to see more care management referrals for children. Recently received federal grant for money for children who are victims of the substance abuse epidemic. Will be filling positions and creating educational programs with that grant. Tim recommended leaders of a formerly existing Alateen group to get involved with this initiative.
- c. Contact Community Services – Not discussed.
- d. Evergreen – Got a grant for some new windows which are being installed. They will be holding a Doug’s Fish Fry fundraiser on 2/15 at the Catholic Church in Weedsport.
- e. Hillside – Have six open direct support positions that can be viewed at hillside.com. Email Aaron at apascale@hillside.com with referrals if you know anyone who would benefit. Waiver and B2H will be no longer – all coming under the children’s health home case management service starting 4/1.
- f. Liberty Resources – Not discussed.
- g. PC² – In the process of setting up WRAP training next month – Wellness Recovery Action Plan. Hoping to get a group next month 2x a week, 8 hours a day for 4 weeks. Open to everybody over the age of 18. They’re also offering an abridged version at PROs.
- h. PROs/Unity House – Two respites currently, one will end in May (the mental health one will remain). Always short staffed but hired a program manager for the treatment apartments.

X. Old Business – None discussed.

XI. New Business – None discussed.

XII. Announcements – Tim Donovan distributed the Knights of Columbus soup kitchen winter calendar. They provide an additional meal in the evening for the community. Also offering coats, mittens, boots, gloves, and Centro ride tokens. Knights of Columbus does community outreach.

XIII. Adjournment – On a motion by Heather, seconded by Martin, the meeting adjourned early at 12:45pm; motion carried.

Respectfully submitted,



Kelsey R. Marquart, Typist