

For Immediate Release

For More Info. Contact

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**Ladies!!
“Pamper Yourself, Pamper Your Health!”**

All women ages 30+ who live in the southern part of Cayuga County are invited to participate in a very special health and beauty event to be held at the Moravia Fire Hall, Keeler Ave., Moravia, on Saturday, May 5, 2007 from 9:00 am – 12:00 noon. The fourth annual “Pamper Yourself, Pamper Your Health” program is aimed at getting health care services to women whose access is limited because of transportation, insurance, or financial challenges. **The following will be offered at no charge: blood pressure checks, diabetes screening, clinical breast exams, colon cancer (home) test kits, and information on women’s health. No cost/low cost mammograms will also be available on Wednesday, June 13th** in the same location. Women with high deductibles, limited coverage, or no health insurance will be given first priority for breast exams and mammograms. For “pampering,” the program will also include **FREE: manicures, pedicures, massages, hair & make-up consultations, cooking demonstrations, refreshments, door prizes, and give-away items. Childcare will also be available!**

Cayuga County Healthy Men and Women Partnership (a Cayuga County Health Department cancer screening program), the American Cancer Society, and the Moravia Volunteer Fire Company are sponsoring the event.

Interested women are asked to contact Danielle Lavetan at Cayuga County Health Department (253-1455) to sign up for the program. **Pre-registration is required by Friday, May 4th.**