

Recovery support services are ready to help you.

Peer-to-Peer Support

Nick's Ride 4 Friends
315-246-6485

Recovery Services

Cayuga County Community Mental Health Center
315-253-0341 (during business hours)

Mobile Crisis
315-253-0341 (evenings, weekends, holidays)

CHAD (Confidential Help for Alcohol and Drugs)
315-253-9786

SRS (Syracuse Recovery Services)
315-282-5351

NIH
HEAL
INITIATIVE

HEALing Communities Study
New York

Cayuga County Mental Health Center
146 North Street
Auburn, NY 13021
315-253-1522
www.cayugacounty.us/healingcayga

Narcan® nasal spray can reverse an opioid overdose.



"I'm a First Responder"

"I'm a First Responder"

"I am TOO"

Request free Narcan®

1. Go to www.cayugacounty.us/narcan and watch the online training video.
2. Fill out the request for free Narcan®. Allow 3-5 business days for shipping.
3. Carry Narcan® and use it during a suspected opioid overdose. Call 911.

If you need Narcan® immediately, call a local pharmacy for availability and inquire about the Narcan® Co-payment Assistance Program (N-CAP).

If you have administered Narcan® during an opioid overdose emergency, you can report your Narcan® usage under Step 5 at www.cayugacounty.us/narcan and request a new free Narcan® kit.

Overcoming opioid use disorder takes more than willpower.

It's a disease that can be treated.



Start your path to recovery today.

Talk with a peer at 315-246-6485.

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Medications for opioid use disorder (MOUD)

can help people be successful in their recovery by:



Lowering the risk of relapse



Increasing the time they stay in treatment



Lowering the risk of overdose death



Improving their lives and relationships with others

Did You Know?

MOUD facts:

When someone is treated with medications for opioid use disorder (MOUD), it does not substitute one drug for another. These medications restore balance to the brain circuits affected by addiction, allowing the patient's brain to heal while working toward recovery.

People who stop using opioids often relapse (return to use) without medication to help them. Stopping and then restarting opioid use increases the chance of dying from an overdose. MOUD lowers the risk of relapse and death.

Three medications are FDA-approved for treatment of opioid use disorder – methadone, buprenorphine, and naltrexone. There are important differences in these medications, so talk to your doctor about which one would work best for you.

FDA-approved medications

Buprenorphine



- Reduces withdrawal symptoms and cravings
- Can be used to treat pain
- Can reduce effects of other opioids (protects against overdose)
- Taken as film or tablet that melts under the tongue
- Available by prescription from a healthcare provider with special training

Methadone



- Reduces withdrawal symptoms and cravings
- Can be used to treat pain
- Can reduce effects of other opioids (protects against overdose)
- Taken as a liquid
- Given at licensed opioid treatment programs

Naltrexone



- Blocks the effects of opioids
- Patient must not use opioids for 7-10 days before starting medication
- Comes as pill or a monthly shot (shot is recommended)
- Administered in a variety of settings
- Any prescriber can write the prescription