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For Immediate Release: Sunday, November 8, 2020

Potential COVID-19 Exposure at a Cross Country Track Meet

The Cayuga County Health Department is informing the public of a potential exposure to COVID-19 at a cross country track meet at Jordan Elbridge High School on Saturday, November 7, 2020. A spectator and an athlete who were in attendance at this event have tested positive for COVID-19.

Others who were in attendance at the cross country track meet at the church on Saturday may have been exposed and should monitor themselves for symptoms of COVID-19 for 14 days from the date of potential exposure.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. If symptoms do develop, stay home, and call your doctor for further guidance. If you are elderly, have underlying medical conditions, or are immunocompromised, call your doctor early even if your illness is mild. In an emergency, call 911.
