

# SENIOR NEWS & VIEWS

Vol. XXIV No. 3

September 2020

THE OFFICE FOR THE AGING STAFF  
IS HONORED TO SERVE OUT IN THE COMMUNITY.



## From the Director:

As we head into Fall, we continue to be grateful for all of the community support the Office for the Aging has received throughout the COVID-19 pandemic. Volunteers have stepped up and your donations have been generous. As a county agency with limited funding, your contributions and the value of those volunteer hours makes a significant impact on our ability to provide the level of services we accomplish each year.



Over the last many months, we have seen growth in several programs. Our Senior Nutrition Program has served increased numbers of individuals. The NYConnects program serves more people every year, helping low-income seniors apply for needed benefits and assisting older adults and their families with long term care planning. We have seen new and improved ways of delivering services in the Medicare Insurance Counseling and the Caregiver Services programs that allow us to reach people who might not have been able to participate in the past.

As Director, I feel strongly that we must claim and optimize every state and federal dollar available to our agency to serve those 60 and over in Cayuga County, numbering over 18,000 people in 2020. What many people do not realize is that in order to obtain our state and federal funds, we must submit a complex annual plan and multiple funding applications showing how we intend to or provide services as required under the Older Americans Act. We must also show that Cayuga County tax payers are willing to put some “skin in the game”, meaning, in order to receive the state and federal dollars, we must show that Cayuga County will put a required percentage of money towards the services, too. Without this “county share,” we cannot bring in the maximum amount of funding that Cayuga County is eligible for.

For example, a \$20,000 cut in county funds from our home aide services program would mean a loss of an additional \$60,000 or more in state and federal dollars. This would result in a loss of almost 3,500 hours of aide service for 20 or more senior citizens in Cayuga County. Those seniors that use this program have a need for assistance in at least 2 activities of daily living such as bathing, dressing, eating, walking or transferring, so a lack of assistance can lead to a lack of self-care, potential for falls, and increased risk of hospitalizations, which can in turn lead to a need for more expensive institutional care. This is obviously not good for anyone.

This Fall, our Legislature, our community, and this agency will face tough choices due to the complex challenges we have before us. The decisions that are made will have long lasting impacts. Please stay informed about the issues, and make your voice is heard so that we can continue to ensure that our senior citizens are supported throughout their lifetimes. Two important steps in this process are to complete your Census form if you have not already done so, and to register and vote! If you need help with either of these, please give us a call.

In addition, please take a look at the information on the following pages regarding our budget and programs. Since we cannot hold a Public Hearing this year, this publication includes some of the information that would normally be shared there. Please let me know if you have any questions or concerns; your input is taken into account as we make choices for programs and services in the future.

Regards,

*Brenda*

Brenda Wiemann, LMSW

Director



## CAYUGA COUNTY DISABLED PERSONS REGISTRY

In the event of a public emergency or natural disaster, some residents with special needs may require assistance during evacuations and sheltering. The Cayuga County Office for the Aging, on behalf of the Cayuga County Emergency Management Office, is updating the registration of those individuals in need. Please provide the following information:

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_

Street Address: \_\_\_\_\_ Apt # \_\_\_\_\_

City / Town / Village: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Mailing Address (if different): \_\_\_\_\_

( ) I live alone      ( ) I live with (name): \_\_\_\_\_

(relationship): \_\_\_\_\_

Most-Used Telephone: (\_\_\_\_) \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_      Gender:      ( ) Male      ( ) Female

**Local** Emergency Contact Person: \_\_\_\_\_

This person's relationship to you: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_      Work Phone: (\_\_\_\_) \_\_\_\_\_      Cell: (\_\_\_\_) \_\_\_\_\_

**Back-up** Emergency Contact Person: \_\_\_\_\_

This person's relationship to you: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_      Work Phone: (\_\_\_\_) \_\_\_\_\_      Cell: (\_\_\_\_) \_\_\_\_\_

I have a hearing and/or speech impairment & need to be notified of emergencies in person.

I am deaf

I cannot speak & need an interpreter or TTY

I have a TTY (teletypewriter)

I wear a hearing aid

I have a physical or mental condition which may require assistance in case of emergency.

Check all that apply:

Wheel Chair

Oxygen

Visual Impairment

Walker / Crutches

Bed bound

Dialysis

Alzheimer's / Dementia

Autism

Senior Citizen

Other (explain): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Transportation:

I require a special vehicle (explain): \_\_\_\_\_

I have access to my own transportation.

I leave my home for a portion of the year from \_\_\_\_\_ to \_\_\_\_\_.

I hereby consent to have my name placed on the Cayuga County Disabled Persons Registry. I understand this information may be shared with appropriate emergency response personnel. By signing this form, I agree to have emergency personnel enter my residence in the event of an emergency.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Your information will be kept confidential and only used in the event of an emergency or natural disaster. It does not guarantee that agencies will be able to provide assistance in every type of emergency. Cayuga County shall not be held liable for any claim based on good faith failure to exercise or perform a function or duty on the part of any officer or employee in carrying out a local disaster preparedness plan. This information must be resubmitted each year to remain in effect.

**RETURN THIS FORM TO: CAYUGA COUNTY OFFICE FOR THE AGING**

**160 GENESEE STREET, BASEMENT  
AUBURN, NEW YORK 13021  
QUESTIONS? Call: 315-253-1226**

## **HIICAP NEWS for YOU!!!**

### **Health Insurance Information Counseling & Assistance Program**

*New in HIICAP... Medicare 101 has gone virtual!!*

Medicare 101 class has run virtually the last several months! We know it is very valued and important to share basics about Medicare with beneficiaries and those who will be new to Medicare and did not want to see people going at it alone. With the challenges of not being able to have class in person we have been mailing materials and doing our PowerPoint presentation virtually!

Medicare 101 classes are on-hold during AEP, but will restart again in January.

*In person classes will resume once the public has access to the building again.*

**Annual Election Period (AEP) is almost here!!** With all of the uncertainties over the past several months one thing we know for certain is AEP is almost here. AEP is a time where each insurance company can make changes to their Medicare plans that are available. While they make their changes for the new year, beneficiaries can educate themselves to see if they would like to continue with their same plan or if they would like to make any changes to their coverage. Medicare premiums and deductibles may increase for 2021. Plans can change their benefits and it is important to know the changes that will affect you. This is a good time to think about the extra benefits you may have heard about and want to see what plans have to offer for such things like Vision, Hearing or Dental coverage. Calling our office for more assistance could save you money on premiums or co-pays, and/or increase the benefits you're getting from your plan of choice. Stay tuned for more information on the 2021 updates to Original Medicare as well as they are announced.

Our certified HIICAP counselors are available working both in the office and remotely at this time. If Cayuga County authorizes public access to the Office for the Aging in the county office building, we will make limited in-person appointments for Medicare counseling. Other ways we are available are by phone, email, mail, text messaging, and virtual appointments. We will have *all* of the 2021 plan options ready to share with you.

**Annual Election Period is October 15<sup>th</sup> -December 7<sup>th</sup>.**

We still ask anyone that would like to speak with a Medicare counselor to call our main number **(315) 253-1226** for an appointment and further instructions.



## Attention Seniors!

YOU can call SNAP -Ed nutritionist for Cayuga and Seneca counties, Becky Crawford, to hear information on how to stay healthy while social distancing. Topics include easy ways to include fruits and vegetables, and lean protein and how to stay hydrated. Calls are approximately 10-15 minutes, depending on questions. Call Cornell Cooperative Extension at 315-255-1183 ext.246 on Mondays, Tuesdays or Thursdays from 1:00 PM – 3:00 PM to talk to Becky. If the times are not convenient, please leave a message and you will receive a call back. Thank you and give me a call! 😊

Cornell  
Cooperative Extension



Finger Lakes Eat Smart NY is funded by USDA's Supplemental Nutrition Assistance Program (SNAP). USDA is an equal opportunity provider. Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.

We still have several animatronic companion pets available for isolated seniors in Cayuga County. Please contact our NYConnects Intake staff at 253-1226 if you or someone that you know is interested in being screened for this heart-warming project. Pet lovers who no longer can manage a live animal may be especially good candidates!



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## **Take a Stand and Fight Cholesterol!**

By: Carolyn Allen, MS, RD, CDN

You have high cholesterol. Now what, more medication? Did your doctor say, “You need to lose weight,” or, “Decrease your saturated and trans fats?” Did you leave your appointment with a referral to see a registered dietitian?

While 2/3 of your cholesterol is made in your body, only 1/3 comes from your food. There are times where diet cannot reduce the cholesterol numbers low enough to remove all necessary medication. However, making little adjustments to your daily diet can help your overall health and remove excess cholesterol in your body.

Some cholesterol in your body is necessary for certain functions, like making hormones, Vitamin D and digesting foods. However, too much accumulation of cholesterol, especially LDL, or the “bad,” cholesterol, can lead to an increased risk of heart disease. Cholesterol is found in animal products (red meat, poultry, pork, eggs, butter, cheese, milk and other dairy products).

Here are some tips to help reduce your cholesterol:

- 1) Increase your fiber intake. Fiber helps keep your digestive system clean, healthy, and moving. Fiber helps remove wastes from our bodies, including excess cholesterol from reabsorbing back into our bodies. Increase your intake of oats-oatmeal and Cheerios; products with added fiber like Fiber One; chia seeds and other seeds; nuts; whole grain or whole wheat grain products like whole grain/wheat breads and pasta, brown rice, barley and quinoa; bean/legumes; fruits; and vegetables.
- 2) Swap butter and lard (saturated fats) for vegetable oils (unsaturated fats). Saturated fats can increase cholesterol while unsaturated fats may help lower your LDL cholesterol.
- 3) Consume foods with added sterols and stanols. These are products by plants and are added to margarine, granola bars, juice and even chocolate and can help absorb cholesterol from foods.
- 4) Include fatty fish, like salmon, tuna, trout and sardines. Fatty fish contain Omega-3 fatty acids which helps reduce LDL cholesterol. Increasing your fish intake can also help reduce your intake of red meat and other higher cholesterol foods.
- 5) The above four items will help you naturally reduce your portions of animal products and increase your intake of fruits, veggies, and whole grains.
- 6) Talk to your doctor about fiber or stanol/sterol supplements. Psyllium fiber contains soluble fiber and can be found in some fiber supplements to help reduce cholesterol. Always check with your doctor before starting any supplement to make sure it does not interfere with other medications or your health.



You cannot *drink*  
from an empty cup.

FILL YOURSELF UP. YOU'RE WORTH IT.

## Caregiver Self-Care: Caring for You

Keep these simple steps and strategies in mind to ensure that you, as a caregiver, find time and resources to take care of yourself.

Learn about the disease your loved one has. Find out about what is happening now and what will happen in the future with this disease. The more you know, the more you will be able to plan.

Use community resources. The more you let these services help you, the less you have to do. There are places to get help.

Take a break from caregiving. Make a date to go to the movies, take a walk, and meet a friend for lunch. Everyone needs to get out of the house once in a while. Do something not related to caregiving.

Get support. Attend a support group, have a buddy you can call just to let off steam and complain. Depression is treatable. Talk to your doctor about it. Or seek counseling.

Practice communication and behavior management skills if you are caring for someone with dementia. This will make your job easier. Learn how to do this by taking a class or researching online. The best communication strategies are often not intuitive.

Relax. Read a book, meditate, pray, garden, knit, get a massage, take a long bath.

Take care of your health. Go to the doctor, get routine exams and flu shots, get enough sleep, and eat your fruits and vegetables.

Ask for and **accept** help when offered. No one can do this alone.

Change “guilt” to “regret.” Guilt is that you did something wrong; regret is that you are in a difficult situation and sometimes you have to make difficult decisions, but they are not wrong.

Forgive yourself—often. You cannot be a perfect caregiver, all day, every day.

Laugh. Find ways to keep your sense of humor on a daily basis. Watch comedies, practice laughter yoga, share jokes with friends.

Source: Family Caregiver Alliance

## Seymour Library has a new collection available to any library card holder in the Finger Lakes Library System!

Caregiver Kits are a new resource for caregivers of people with dementia or Alzheimer's disease. These kits are filled with memory-stimulating images and activities that caregivers can use to engage those suffering from memory loss. Each kit also contains the book, *A Caregiver's Guide to Dementia: Using Activities and Other Strategies to Prevent, Reduce and Manage Behavioral Symptoms* by Laura N. Gitlin and Catherine Verrier Piersol with advice for caregivers. The Caregivers Kits were purchased through funds from the Finger Lakes Library System Outreach Mini Grant and are available for check out to any Finger Lakes Library System cardholder. Get a preview of the kits: <https://seymourlibrary.org/caregiver-kits/>

### Feeling Stretched as a Caregiver?

## Powerful Tools FOR Caregivers

*Powerful Tools for Caregivers* is an educational series designed to provide you with the tools you need to take care of yourself.

This program helps family caregivers reduce stress, improve self-confidence, communicate feelings better, balance their lives, increase their ability to make tough decisions and locate helpful resources.

For more information, or to sign up for an upcoming virtual class, please contact Cayuga County Office for the Aging at (315) 253-1226 or email at [ccofoa@cayugacounty.us](mailto:ccofoa@cayugacounty.us)

***\*If you do not have a computer or internet access, we may be able to provide what you need. Please contact us to learn more!***

***\*PLEASE NOTE\**** Fall Caregiver Conference options are currently being explored! Watch the web and your local paper for an announcement!\*





Do you have Medicare Prescription drug coverage (Medicare Pt D)? If you or a loved one is insulin dependent then this is going to be an article you'll want to read.

### **Part D Savings Model**

The goal right now is to try to get the word out about the Part D senior savings model. The name doesn't directly reference what it works on which is to save money for people with diabetes who are insulin dependent and who are on Medicare Part D. New in 2021 for people who are enrolled in a plan that participates in the senior savings model, it will reduce their insulin costs to a standard of no more than \$35 for a 30-day supply of insulin. Insulins provided through the Medicare Part D plan, are usually subject to charges related to the deductible, and the coverage periods; regular, gap and catastrophic. What the Part D senior savings model will do is it will reduce the cost of insulin that is covered by the plan formulary to no more than \$35 for a 30-day supply and it'll make that coverage consistent for the beneficiary across of the year. In order to take advantage of this benefit though, beneficiaries are going to have to sign up for a participating plan starting in 2021. The plans that are available will be listed in the *plan finder* found at [www.medicare.gov](http://www.medicare.gov). So, when the beneficiary shops for a Part D plan at the beginning or during AEP you're going to want to select a plan that participates in this program in order to make sure that you get the benefits from this program. We are helping to get the word out about the plans so that beneficiaries who currently use insulin as one of their diabetic medications can save money. As more information becomes available to us, we will be excited to share it with our insulin dependent clients who are looking to save money in 2021.

*This information has been presented to us by CMS during our monthly HIICAP call and we are happy to share it with you.*

### **Help Us Expand Home Delivered Meal Service for Vulnerable Seniors**



The Cayuga County Office for the Aging Home Delivered Meal Program Needs Your Help!

Volunteer to deliver a hot noon meal to homebound seniors in Auburn or rural areas of the county. The program promotes better health through improved nutrition, socialization and a safety check-in. We've added safety measures such as daily driver screening for COVID symptoms, wearing masks, using hand sanitizer and contactless delivery.



Volunteer drivers and substitutes are needed for about two hours weekday mornings. Mileage reimbursement is available for rural routes. Choose your delivery schedule and help us deliver a warm meal and a greeting! Please call 315-253-1104 or email [meals@cayugacounty.us](mailto:meals@cayugacounty.us) to learn more.

# Understanding Changes to the Medicaid Look-back



At the Office for the Aging we frequently get questions about Medicaid eligibility and the application process. A major concern for many is what information is being collected and how it impacts the decision of eligibility. In order to understand the Medicaid application process it is important to note that there are two types of Medicaid coverage- Community Medicaid and Chronic Care Medicaid (AKA nursing home Medicaid).

Many of you may have heard of the 5 year look-back. This refers to the length of time Medicaid is looking back into financial transactions for any sizable uncompensated transfers of assets, often a gift of money or property. The 5 year look-back currently applies to Chronic Care Medicaid only. A transfer penalty will be imposed for any transfers that occurred during the timeframe of 60 months prior to the application month. This penalty can lead to unexpected long term care costs and even a delay in accessing nursing home care.

Currently there is not a look-back period for community-based services under Medicaid, but starting in January of 2021, Medicaid will begin looking back for uncompensated transfers for Community Medicaid also. This will start with a 3-month look-back to October 1<sup>st</sup> 2020, with an additional month of look-back added for each month following, until transitioning to a 2.5 year (30 months) look-back by April 2023. For example, to access community-based services, an applicant in June of 2021 would have a look-back period to October 1<sup>st</sup> of 2020 which would result in a total of 8 months of look-back. Just like for Chronic Care Medicaid, eligibility for Community Medicaid and services will soon be negatively impacted if uncompensated transfers are identified during the Medicaid application process.

The changes to Medicaid under community-based long term care coverage are important to note because many people *unexpectedly* find themselves needing to apply for formal aide services in the home. Additionally, many people are unaware that Medicaid is the primary payer for in-home long term care services unless an individual can afford to pay privately, has long-term care insurance, meets eligibility requirements as a Veteran, or is medically eligible for certified home health agency services (e.g. Kindred, Lifetime, HCR).

Due to the new requirements it is important that your long- term care planning includes detailed documentation of all financial transactions. NY Connects staff at the Office for the Aging regularly assist individuals in the community with Medicaid applications, and can help you identify the types of verifications you would need to apply, as well as provide assistance with developing your long term care plan. For some, a consultation with an elder law attorney for advanced planning may be advisable. These steps will allow for a smoother application process and help safeguard from potential long delays during the application process.

With this said, it's a good time to stress the importance of having designated power of attorney(s) and health care proxies in place. If you already have these it's good practice to review and make any necessary updates. Also, make sure family is aware of the location of your important documents.

Please call the Office for the Aging/NY Connects **(315-253-1226)** with any questions regarding Medicaid.

*\*\*\*It's important to note that there will not be a look-back period for those applying for Medicaid for health insurance only.*

~ Senior Trips ~

September 30-October 1, 2020 - Lancaster, PA - Longwood Gardens, Greenfield Restaurant, show: "Queen Esther", tour Kitchen Kettle, Bakery & Farm - Niles Seniors - 315-497-1780

October 21, 2020 - Letchworth State Park tour, lunch @ Glenn Iris Inn, Monk's Bread tour, Three Brother's Winery - Niles Seniors - 315-497-1780

**Edward T. Boyle Center**

Hey, everyone!

The staff at Boyle Center hope you are having an enjoyable summer. Due to the CODID-19 pandemic, the program office has had to put many of its events on hold. We are holding some limited activities for the Boyle Center residents only. We will be back to our usual schedule when we are told we may do so. Meanwhile, we appreciate your understanding during this difficult time. Keep the faith and soon we'll all be back together again! And keep an eye on our website at [www.boylecenter.com](http://www.boylecenter.com) for updates.

The Cayuga County Home Helpers list through the Office for the Aging remains active. If you should need help in your home give Robin DeBenedetto an email for assistance at [debenedettorobin@gmail.com](mailto:debenedettorobin@gmail.com) or call at 315\*253\*6178.

PLEASE CONSIDER MAKING A DONATION!      THANK YOU!!!

***TO CONTRIBUTE TO THE SENIOR EMERGENCY FUND:***

***MAKE YOUR CHECK OUT TO CAYUGA COUNTY COUNCIL OF SENIOR CITIZENS (OR "CCCSC")***

\_\_\_\_\_ ***SENIOR EMERGENCY FUND***

***TO CONTRIBUTE TO ANY OTHER PROGRAM:***

***MAKE YOUR CHECK OUT TO CAYUGA COUNTY OFFICE FOR THE AGING (OR "CCOFA")***

I wish my donation to be used for:

\_\_\_\_\_ Home Delivered Meals

\_\_\_\_\_ Home Care

\_\_\_\_\_ Newsletter

\_\_\_\_\_ Caregiver Program

\_\_\_\_\_ General Fund

\_\_\_\_\_ Insurance Counseling

My contribution is in honor of: \_\_\_\_\_

My name is: \_\_\_\_\_

**Please send your check to Cayuga County Office for the Aging, 160 Genesee St, Auburn, NY 13021**

**Kolo's Korner****September/October 2020**

Life is not about waiting for the storms to pass...  
It's about learning how to dance in the rain.

-- Vivian Greene

So...are we dancing yet?? It's been quite a summer – or - lack of summer, and September. When I wrote this in July, there hadn't been a lot of rain to dance in!!

Hopefully, you have all stayed safe, healthy and sane. I have a feeling we are learning to appreciate more of the “little things” of life. I found an article in the Parade Magazine which I saved to share with you. Good advice whether we're in a pandemic or not...

***11 Ways to Live Longer and Healthier Starting Today***

1. Eat less – just enough to maintain healthy weight.
2. Go ahead with a drink or two a day – but don't assume there's magic in alcohol.
3. Keep the Faith – God works in mysterious ways for your well-being.
4. Cultivate Close Friendships – it helps if they are healthy friends.
5. Avoid Loneliness – Be aware you can suffer toxic loneliness even while with others.
6. Get Social Time – when it's safe, in person is better.
7. Be of Good Cheer - if you're not born this way, you might be able to develop it.
8. Stimulate your Brain – you need to keep leveling up.
9. Exercise 45 minutes a Day – Gym-rat marathoning not necessary.
10. Have a Purpose – unlike a job, purpose doesn't end.
11. Eat a Mostly Plant-Based Diet – “Anti-aging” vitamin cocktails don't help.

I'm not telling how many of these need work on my part...

#9 & #11 are “interesting”!?! Maybe I'll confess in the next issue. Until then...

There aren't any great men.

There are just great challenges that ordinary men like you and me are forced by circumstances to meet.

--William f. Halsey, Jr.

*Mary Ann*

Here is a look at our numbers for 2019 and our planned revenue for 2021:

**2019 Accomplishments**

<b><u>Services Provided</u></b>	<b><u>Clients Served</u></b>	<b><u>Units</u></b>
Info & Assist	529	855
NYConnects	955	2,171
Health Insurance Counseling	1,116	1,942
Case Management	100	943
Care in the Home	93	10,580
Caregiver Respite	29	1,737
Legal Assistance	67	48
Transportation	143	15,148
Congregate Meals	112	10,179
Home Delivered Meals	457	62,624
Nutrition Counseling & Education	468	4,748
Education & Health Promotion	31	2,986
<b>Total:</b>	<b>4,100</b>	<b>119,975</b>

The OFA provides a wide range of community-based services working together with a network of dedicated subcontractors:

- Advanced Meals
- Boyle and Anderson
- Boyle Senior Center, Inc.
- Cayuga Community Health Network
- Council of Senior Citizens
- Home Instead Senior Care
- Response4Help
- RSVP
- Self-Direct, Inc.
- Seniors Helping Seniors
- Stafkings Healthcare Systems, Inc.
- The Commons on St. Anthony/Daybreak
- Transportation Project (SCAT VAN)

*And Our Generous Volunteers!*

**GRANTS ADMINISTERED BY  
CAYUGA COUNTY OFFICE FOR THE AGING**

(2021 anticipated revenue)

**OLDER AMERICANS ACT (FEDERAL PROGRAMS)**

Title IIIB – Supportive Services	\$78,488
Title IIIC1 – Congregate Meals	109,050
Title IIIC2 – Home Delivered Meals	55,592
Title IIID – Health Promotion	5,795
Title IIIE – Caregiver Support	43,504

**NEW YORK STATE OFFICE FOR THE AGING**

WIN – Wellness in Nutrition	211,101
Expanded In-Home Services for the Elderly	236,686
Community Services for the Elderly	153,110
Congregate Services Initiative	1,846
AAA Transportation	5,600
NY Connects Expansion & Enhancement	217,313

**OTHER STATE & FEDERAL FUNDING**

HIICAP – Insurance Counseling & MIPPA	46,720
NSIP - Nutrition Services Incentive Program	50,000
AA-CSI	16,250
Medicaid Managed LongTerm Care	15,000

**CAYUGA COUNTY LEGISLATURE** ??????

**CONTRIBUTIONS/DONATIONS** 125,500

Please contact us to let us know what senior issues are important to you. Your comments will help us identify and prioritize services in Cayuga County. Send comments to:

Brenda Wiemann, Director

e-mail: [ccofo@cayugacounty.us](mailto:ccofo@cayugacounty.us)

Cayuga County Office for the Aging

Ph: 315-253-1226

160 Genesee St basement, Auburn, NY 13021

Fax: 315-253-1151

**WE ARE VERY GRATEFUL TO THE FOLLOWING PEOPLE**

**WHO HAVE CONTRIBUTED TO OUR PROGRAMS:**

*Marguerita & Richard Applebee in memory of Virginia Santimaw*

*Carl Barber & Family in honor of Louise and Glen Barber*

*Albert & Frances Bayus*

*Angela Bergan in memory of Virginia Santimaw*

*Rocco Carbone in honor of Anne Carbone*

*Joseph Carothers*

*Cayuga Nation Police Department in memory of Virginia Santimaw*

*Josephine Ciotoli in memory of Virginia Santimaw*

*Barbara P. Cole in honor of Jack E. Cole*

*Barbara P. Cole in memory of Virginia Santimaw*

*The Cryptonaut Podcast*

*James Del Pozzo in memory of Virginia Santimaw*

*Beverly DeTomaso in honor of William V. DeTomaso*

*Joseph Fabrize in honor of Barbara Fabrize*

*Betty J. Festa in honor of Anthony J. Daloia*

*Mary Ann Finn in memory of Virginia Santimaw*

*Diane & Thomas Fitzsimmons in memory of Virginia Santimaw*

*Anthony Gasparro Jr. in honor of Betty Gasparro*

*Carm Gaylo in honor of Rose Parisi & Virginia Santimaw*

*Cindy Granito in memory of Vernon Blumer*

*Jeannette L. Grant in honor of Leland W. Grant*

*Joan Guido in honor of Rose M. Cummings*

*Debra & Gerald Hares in memory of Virginia Santimaw*

*Harris/Domowitch/Widerman families in memory of Virginia Santimaw*

*Robert Judware in honor of William Judware*

*Cheri Ann & James Jupin in memory of Virginia Santimaw*

*Nancy M. Kocher in memory of Virginia Santimaw*

*Helen Lauckarn in honor of Paul Lauckarn*

*Rose Leja in honor of Mary Jo DiLallo*

*Jeanie Lober in honor of Steve & Mary L. Dunchak*

*Joan Maltese in honor of Andy & Betty Jordan*

*Mary Manuel in honor of Tom Manuel and Loved Ones*

*Ann V. Martens in honor of Lucien Martens*

*Anne E. McCarthy in memory of Virginia Santimaw*

*Thomas & Joan McCarthy in memory of Virginia Santimaw*

*Terry & Marge McDonough in honor of Grace McDonough*

*Helen McKellop in honor of James E. McKellop*

*Bill & Patty Mead in honor of Stella Kanischak*

*Marcia Mills in honor of Charles & Ruth Mills*

*Paige Morris*

*Helen T. Moskos in honor of George Moskos*

*LouAnn O'Hora in memory of John Bishop, Jr.*

*Arthur & Ursula O'Mara in honor of Harold F. O'Mara*

*Marjorie Jane Owen in memory of Virginia Santimaw*

*John & Geri Pelc*

*John A. Petrosino in honor of Barbara Petrosino*

*Frances & Denise Picciano in memory of Vernon Blumer*

*Mary Piccirillo in memory of Loved Ones*

*Sue A. Salisbury-VanCamp*

*Carole Sanders in honor of Clayton & Janice Smith & Jean Gravely*

***WE ARE VERY GRATEFUL TO THE FOLLOWING PEOPLE  
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*Mary Piccirillo in memory of Loved Ones*

*Sue A. Salisbury-VanCamp*

*Carole Sanders in honor of Clayton & Janice  
Smith & Jean Gravely*

*James & Donna Scanlon in memory of Virginia  
Santimaw*

*Judith Schramm in memory of Virginia  
Santimaw*

*James Stebbins in honor of Ann & Susan  
Stebbins*

*Gerald L. Storrs*

*Neal & Joan Taylor*

*Laura Torres in memory of Virginia Santimaw*

*Vivki Viccaro in honor of Bob Viccaro*

*Weedsport Rod & Gun Club in memory of  
Virginia Santimaw*

*Charles J. Woodard in memory of Virginia  
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