

Mental Hygiene Goals and Objectives Form
Cayuga County Community Services Board (70350)
Certified: Jennifer Coughlin (7/1/21)

1. Overall Needs Assessment by Population (Required)

Please explain why or how the overall needs have changed and the results from those changes.

The question below asks for an overall assessment of unmet needs; however certain individual unmet needs may diverge from overall needs. Please use the text boxes below to describe which (if any) specific needs have improved, worsened, or stayed the same.

a) Indicate how the level of unmet **mental health service needs**, overall, has changed over the past year: Improved Stayed the Same Worsened

Please describe any unmet **mental health** service needs that have **improved**:

The need for mental health care in Cayuga County has grown as community members continue to face challenges related to COVID. For example, Cayuga County Community Mental Health Center has experienced an increase in visits the first part of 2021 as compared to 2020 and, Mobile Crisis has seen an increase in calls in comparison to pre-COVID. Provider agencies spent much of 2020 and 2021 adapting to increasing need and to ever-changing COVID regulations while still expanding services to meet unmet needs. Highlights include:

- ▣ Assertive Community Treatment was launched in Cayuga County.
- ▣ A new crisis respite facility with expanded capacity is slated to open in July 2021.
- ▣ Telehealth services were implemented across the entire service sector and many organizations have received operating certificates to provide telehealth in the long term.
- ▣ The peer workforce continues to grow.
- ▣ Mental health and substance use disorder treatment is more integrated. Cayuga County Community Mental Health Center is providing Medications for Opioid Use Disorder (MOUD) treatment.
- ▣ The Crisis Intervention Team and its steering committee have successfully launched.
- ▣ Services have evolved at the county jail to include a transition coordinator and a victim witness advocate program launched in partnership with the Sheriff's department and Cayuga Counseling.
- ▣ Treatment providers continue to be trained in evidence based practices including Dialectical Behavior Therapy.
- ▣ Cayuga County's human service coalition completed a re-branding initiative and launched "Catalyst Cayuga" and also launched a real-time communication exchange system.
- ▣ FAST developed and launched a new website which allows for a more streamlined referral process.
- ▣ Substantial enhancements in children's home base mental health services were added to the system of care.

Please describe any unmet **mental health** service needs that have **stayed the same**:

Community partners continue to strive for more streamlined access to crisis services. Currently, multiple numbers exist that connect community members to a myriad of crisis services. The ultimate goal is for community members who are experiencing a crisis to be able to access the treatment system with one phone call and that, if a community member has needs that overlap across multiple sectors (medical, mental health, substance use, etc.), a more comprehensive and coordinated response can be provided. In addition, mobile crisis still remains a service available only after business hours.

Please describe any unmet **mental health** service needs that have **worsened**:

Cayuga County has experienced an increase in fatal suicides—the rate doubled from 2019 to 2020. The number of suspected suicide attempts involving overdoses has also increased including attempts by children. Also, community providers predict that the mental health needs of school-aged children will continue to grow with complications caused by COVID. In regard to peer support, PC2 closed operations in the last year. PC2 provided much needed support for years and operated a warm line that was extremely valuable.

b) Indicate how the level of unmet **substance use disorder (SUD) needs**, overall, has changed over the past year: Improved Stayed the Same Worsened

Please describe any unmet **SUD** service needs that have **improved**:

As with mental health, the demand for substance use treatment has increased. Enhanced collaboration among partner agencies including outpatient treatment, the hospital, law enforcement, the county jail, mental health providers, mobile crisis and peer support have allowed for improved treatment opportunities for individuals with substance use disorders. Peer support continues to be strengthened. Nick's Ride has expanded services and is scheduled to move in to a new building in 2021. Peer support is now available at the jail as well as a CHAD licensed provider. In addition, with the county's participation in The HEALing Communities Study, prevention initiatives and access points to treatment have expanded. The Drug Free Community Coalition has also continued with prevention efforts, especially efforts targeted to youth as well as marijuana use.

Achievements made as part of the HEALing Communities Study include:

- ▣ Improved and timely access to medications for opioid use disorder (OUD) has been identified an evidence-based priority intervention. The HEALing Communities Study has contracted with an experienced buprenorphine prescriber for same-day initiations. In seven months, he has initiated 48 people and referred patients to local providers for ongoing care.
- ▣ The Cayuga County Community Mental Health Center has a waived buprenorphine prescriber who has started integrated Mental Health/OUD treatment in the clinic.
- ▣ An online platform www.cayugacounty.us/narcan was launched where residents can watch a training video and request a free Narcan kit, which is sent to the trainee's home along with information on other community resources. Within a year, 399 Narcan kits were distributed this way throughout the county and reached residents in outlying towns and villages who were previously underserved.

- ▣ Once COVID-19 restriction were relaxed, the HEALing Communities Team started in-person pop-up distribution events in neighborhoods and communities that were hard hit with overdoses, based on the analysis of ODMAP data. 237 people were trained and received a free Narcan kit.
- ▣ The Cayuga County Jail started offering Narcan training to inmates, who are at high risk for overdosing post-release. 158 inmates have been trained so far and left jail with a free Narcan kit.
- ▣ Recently, the HEALing team started a new initiative of placing wall-mounted Narcan boxes containing a Narcan kit at high-risk locations to provide public access to Narcan. 35 boxes have been distributed so far.

Please describe any unmet **SUD** service needs that have **stayed the same**:

- ▣ Open access (same day) outpatient treatment
- ▣ Housing opportunities for individuals with substance use disorders
- ▣ While individuals with OUD have more access to medications (MOUD), an unmet need still exists. Less than half of the individuals diagnosed with OUD have accesses MOUD.

Please describe any unmet **SUD** service needs that have **worsened**:

- ▣ Access to in-person treatment (including group treatment) due to COVID.

c) Indicate how the level of unmet needs of the **developmentally disabled** population, overall, has changed in the past year: Improved Stayed the Same Worsened

Please describe any unmet **developmentally disability** service needs that have **improved**:

N/A

Please describe any unmet **developmentally disability** service needs that have **stayed the same**:

- ▣ Housing opportunities for those with a psychiatric illness and/or a chronic medical condition and a development disability remain limited
- ▣ Employment opportunities for individuals with intellectual and development disabilities remain limited

Please describe any unmet **developmentally disability** service needs that have **worsened**:

Providers of services for individuals with intellectual and development disabilities reported a significant increase in the needs of the population that they serve. IRA residents have been displaced due to staffing shortages. Some residents were required to move out of county. The youngest children (under 5 years old) were significantly impacted because telehealth (versus in-person services) was difficult to participate in. School-aged children were also impacted due to the closing of schools which led to a lack of support that is relied on. Comments from the survey conducted by the LGU summarize the additional challenges faced due to COVID:

- ▣ “Many programs have closed or reduced services to the OPWDD I/DD population. In addition, individuals with an I/DD had a significantly higher mortality rate than the general population which led to many families not sending their loved ones to program until they were vaccinated or felt it was safe to go.”
- ▣ “This pandemic has increased the need for mental health services in adults and children in the ID/DD community. The majority of individuals have been negatively impacted by isolation, quarantine, and decrease in available school attendance for children, and activities and programs for adults due to COVID. The result is an increase in anxiety, depression, and hopelessness, increasing the need for therapeutic services.”
- ▣ “The pandemic shut down our facility and we were not able to provide services to those that needed it for over 3 months. When we returned most of the families were hesitant to return which meant we needed to find new clientele. Since returning almost a full year ago, we still only have a fraction of participants in our programming that were here prior to COVID.”

The I/DD service system in Cayuga County experienced challenges prior to COVID. Placements in IRAs are difficult to find and especially for individuals diagnosed with a co-occurring mental illness. Access to psychiatric services and psychological assessments has significantly decreased and, because of the lack of availability, the service is impossible to connect to for many families. The crisis response system CSIDD that was implemented across the state has yet to be implemented in Region 2 which Cayuga County is a part of. Providers reported a surge in need for both crisis services and mental health treatment and crisis response and treatment options are limited.

The second section of the form includes: goals based on local need; goals based on state initiatives and goals based in other areas. The form allows counties to identify forward looking, change-oriented goals that respond to and are based on local needs and are consistent with the goals of the state mental hygiene agencies. County needs and goals also inform the statewide comprehensive planning efforts of the three state agencies and help to shape policy, programming, and funding decisions. For county needs assessments, goals and objectives to be most effective, they need to be clear, focused and achievable. The following instructions promote a convention for developing and writing effective goal statements and actionable objectives based on needs, state or regional initiatives or other relevant areas.

2. Goals Based On Local Needs

Issue Category	Applicable State Agenc(ies)		
	OASAS	OMH	OPWDD
a) Housing	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
b) Transportation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Crisis Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
d) Workforce Recruitment and Retention (service system)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
e) Employment/ Job Opportunities (clients)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

f) Prevention	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
g) Inpatient Treatment Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Recovery and Support Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
i) Reducing Stigma	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
j) SUD Outpatient Services	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) SUD Residential Treatment Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l) Heroin and Opioid Programs and Services	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m) Coordination/Integration with Other Systems for SUD clients	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n) Mental Health Clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o) Other Mental Health Outpatient Services (non-clinic)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
p) Mental Health Care Coordination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
q) Developmental Disability Clinical Services	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
r) Developmental Disability Children Services	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
s) Developmental Disability Student/Transition Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
t) Developmental Disability Respite Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
u) Developmental Disability Family Supports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
v) Developmental Disability Self-Directed Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
w) Autism Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
x) Developmental Disability Front Door	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
y) Developmental Disability Care Coordination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
z) Other Need 1(Specify in Background Information)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
aa) Other Need 2 (Specify in Background Information)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ab) Problem Gambling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ac) Adverse Childhood Experiences (ACEs)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(After a need issue category is selected, related follow-up questions will display below the table)

2a. Housing - Background Information

Housing needs continue to exist across all three sectors: OMH, OASAS and OPWDD. Housing was the number one need identified in the LGU’s survey to community members. Lack of housing has been exacerbated due to COVID and the housing that exists is more unaffordable. The demand for OMH supported housing has increased. Supported housing options for individuals with substance use disorders remain limited, especially for the female population. IRAs are less available due to staffing shortages.

The county Department of Social Services continues to place individuals and families without homes in emergency housing every day. Most of the individuals are living with mental illness, substance use disorders and/or developmental disabilities.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Access will be increased and occupancy rates maximized at all housing facilities.

Objective Statement

Objective 1: Enhance collaboration between LGU and Unity House to identify opportunities to increase occupancy rates and determine housing pathways for individuals in transition.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Enhance collaboration between LGU, Housing and Homeless Coalition, and Department of Social Services to pursue affordable housing options.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Provide support to affordable housing projects including Gavras Center’s project and DePaul’s project.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

As described above, housing options overall have worsened but some improvements have been made including:

- Housing subsidies have increased with the Auburn Housing Authority's mainstream voucher program.
- The Gavras Center purchased a school in the Union Springs school district and plans to convert it to affordable housing for seniors and individuals with developmental disabilities.

DePaul Properties had hoped to be funded for a housing project in Port Byron which would have increased affordable housing in the county. State funding was not granted so the project is on hold.

2c. Crisis Services - Background Information

Crisis services remains a top priority for the community. Over the last several years, the county's response to crisis has improved with services such as mobile crisis and the introduction of the Crisis Intervention Team. However, COVID has caused more crises for families and individuals as evidenced by increased crisis calls to the county mental health clinic and mobile crisis and an increase in suicide fatalities and deaths caused by overdose. Service providers across all sectors are anticipating a continued need for crisis intervention due to COVID.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Expand access to crisis services by enhancing collaboration across the multi-disciplinary sectors interacting with community members experiencing a crisis and by bolstering resources available to aid in responding to crises.

Objective Statement

Objective 1: Expand mobile crisis access to all community members 24/7 and update protocols and communications with public to coincide with expansion.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Integrate peer services into mobile crisis with funding provided through the HEALing Communities Study

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Create a crisis intervention team for substance use with support through the HEALing Communities Study.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Fully implement new adult crisis respite program and ensure maximum occupancy.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: Department of Social Services Commissioners will meet with OPWDD representatives to pursue the implementation of crisis response services for individuals with intellectual and developmental disabilities.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

- Liberty Resources in partnership with the LGU is opening a new crisis respite facility which will expand respite from one bed to four.
- Peers at Nick's Ride are collaborating with law enforcement, the hospital and mobile crisis to assist individuals in crisis.
- The Crisis Intervention Team and its steering committee have successfully launched.
- Data generated by the HEALing Communities Study has allowed for a more targeted identification of need related to substance use crises.
- Access to crisis services for individuals with intellectual and developmental disabilities remains limited. The crisis response system (CSIDD) that was implemented across the state has yet to be implemented in Region 2 which Cayuga County is a part of.

2d. Workforce Recruitment and Retention (service system) - Background Information

COVID has presented challenges for workforce recruitment and retention. As a result, this has become a priority especially for the substance use and I/DD fields. I/DD service providers report LPN staffing shortages across IRAs that have caused residents to be displaced and a hiring crisis for direct support professionals. CASACs are still in need in Cayuga County.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Grow the trained workforce in order to close the gaps in providing treatment and support options for community members seeking care in the

mental health, substance use disorder, and development disability fields.

Objective Statement

Objective 1: Increase number of CASACs and peers in Cayuga County with training funds provided through the HEALing Communities Study.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: The LGU will participate in regional effort to grow the behavioral health workforce.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Advocate for opportunities to enhance pay for workers to address staffing shortages across all sectors: Director of Community Services will participate in Conference of Local Mental Hygiene Directors efforts to advocate for state FMAP funding to increase wage rates across all sectors.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2e. Employment/ Job Opportunities (clients) - Background Information

Representatives from the Community Services Board OPWDD subcommittee had identified this as a goal for the 2020 local services plan. The subcommittee started to work on this goal but COVID disrupted the work. The committee plans to reconvene the workgroup in 2022. The HEALing Communities Study also plans to work on identifying employment opportunities for individuals with substance use disorders.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

A strategy to increase employment opportunities will be developed.

Objective Statement

Objective 1: The HEALing Communities Study will partner with the Cayuga County Chamber of Commerce to educate businesses about employing people in recovery.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: The OPWDD subcommittee will create a strategy to improve employment opportunities for individuals with intellectual and developmental disabilities.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2f. Prevention - Background Information

The Cayuga County Drug Free Community Coalition continues to play an integral role in the community when it comes to prevention. The HEALing Communities Study has also made major contributions in prevention. Prevention continues to be a priority for the Mental Health subcommittee as well.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Plans for substance use and suicide prevention will be developed and launched.

Objective Statement

Objective 1: The Drug Free Community Coalition will implement prevention efforts related to alcohol use, marijuana, prescription drugs, and driving under the influence with a special emphasis on the youth population.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: HEALing Communities Study will implement harm reduction strategies through innovative Narcan training and distribution modalities.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: The LGU and partner agencies will assess the current suicide prevention and response system and modify and improve as needed to reduce the risk of suicide and lower the rate.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

- Cayuga County’s FAST team and the Community Services Board Mental Health subcommittee celebrated Mental Health Awareness month with planned activities and social media campaigns.

- The Drug Free Community Coalition continues with its prevention efforts and is planning for marijuana prevention efforts and efforts targeted to youth.
- The HEALing Communities Study has launched numerous OUD prevention efforts including Narcan distribution events, community-wide awareness with print materials, newspaper articles, bus advertisements and social media campaigns.
- Fatalities caused by suicide have doubled in the last year bringing about a critical need for suicide prevention efforts.

2h. Recovery and Support Services - Background Information

The peer workforce has grown in the last two years and has played a major role in crisis response and prevention efforts. Nick's Ride has been integral in expanding peer services. Expansion of the workforce is still needed due to the demand.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Train and integrate peer specialists in all points of the community support network.

Objective Statement

Objective 1: Establish capacity and efficient referral system to connect community members to peer services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Support peers in becoming dual licensed (mental health and substance use).

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Enhance outreach and linkage to services after an individual experiences an overdose or crisis related to mental health.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Utilize peer services for linkage to MOUD treatment and other SUD services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

- Nick's Ride has expanded peers services. The program will relocate to a newly renovated facility which will provide more space for services as well as parking options.
- Peer services are available to inmates at the county jail through a collaboration with CHAD and the LGU.
- Peer services are now available at Unity House's Grace House facility.
- Efforts to incorporate peers in to the mobile crisis team are underway.
- PC2, a long-standing peer-run organization in our community, closed operations in 2020.

2i. Reducing Stigma - Background Information

The Community Services Board and subcommittees identified stigma as a priority recognizing that efforts to reduce stigma will open opportunities for community members to access treatment, housing and employment.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Increase messaging to combat stigma in community members accessing treatment for mental health and substance use disorder.

Objective Statement

Objective 1: Implement HEALing Community Studies communications campaign devised to grow community awareness of opioid use disorder and treatment options.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Mental Health subcommittee will expand and promote activities during Mental Health Awareness month in May.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Using targeted social media campaigns, the children's system of care will promote mental wellness and break down barriers to accessing mental health care.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Implement stigma training for healthcare staff in different settings.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

- Both the FAST team and the mental health subcommittee continue with a focus on reducing stigma with social media campaigns and events during Mental Health Awareness month.
- The HEALing Community Studies has ongoing stigma awareness initiatives with print media and social media.

2j. SUD Outpatient Services - Background Information

Substance use service provision is a high priority for the LGU and partner agencies. Data shows that the need for addiction supports and services is great. In 2019, Cayuga County experienced 179 overdoses and in 2020 the rate jumped to 208. In 2019, the total number of fatalities due to overdose was 9 while 21 deaths were reported in 2020. In February 2021, the county experienced the highest number of overdoses in a month to date: 28. While the 2021 overdose rate remains high at 110 (through May 2021), the fatality rate appears to be declining. Eight deaths have been reported from January to May 2021 whereas 12 were reported from January to May 2020. The number of deaths, however, is well-above the number pre-pandemic.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Increase timely access to SUD outpatient services.

Objective Statement

Objective 1: Implement Opioid Treatment Program in Cayuga County as part of collaboration between CHAD and Farnham Family Services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Increase timely access to Medication for Opioid Use Disorder (MOUD) at outpatient facilities

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

- Improved and timely access to medications for opioid use disorder (OUD) has been identified an evidence-based priority intervention. The HEALing Communities Study has contracted with an experienced buprenorphine prescriber for same-day initiations. In seven months, he has initiated 48 people and referred patients to local providers for ongoing care.
- The Cayuga County Community Mental Health Center has a waived buprenorphine prescriber who has started integrated Mental Health/OUD treatment in the clinic.
- CHAD has partnered with Farnham Family Services to submit a proposal to SAMSHA for supporting an opioid treatment program.

2l. Heroin and Opioid Programs and Services - Background Information

The county's response to the OUD epidemic has been bolstered significantly since the inception of the HEALing Communities Study. However, in the last year, the rate of overdoses and fatalities attributed to overdoses has increased. The need to connect individuals to treatment is more urgent than ever.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Cayuga County will enhance both the interventions provided and collaboration among providers in order to increase the availability of evidence-based addiction treatment services to better meet the needs of community members experiencing opioid addiction.

Objective Statement

Objective 1: Create pathways for treatment opportunities for individuals with opioid use disorder to access all treatment options.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Increase number of primary care, emergency department, and other healthcare professionals in the county who can prescribe Buprenorphine.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Increase number of access points/agencies that can provide referrals for OUD services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Integrate MOUD services into LGU operations.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: Support the sustainability of the work of the HEALing Communities Study post-grant.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

- The rate of fatal overdoses increased from 2019 to 2020. In 2019, 25% of overdoses involved opioids and, in 2020, 30%.

2o. Other Mental Health Outpatient Services (non-clinic) - Background Information

COVID has led to an increased need in mental health outpatient services and provider agencies anticipate the need to grow especially with youth as they return to full-time in-person learning in the fall. Also, due to COVID, more treatment providers are now able to provide service via

telehealth which allows for more opportunity to expand services.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

LGU in collaboration with medical providers and community partners will expand treatment to underserved locales and populations with special attention given to increased needs for treatment due to COVID-19.

Objective Statement

Objective 1: Expand telehealth services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Evaluate opportunities for satellite expansion in rural communities, locations serving older population, and schools.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Evaluate opportunities for collaboration with outpatient medical practices to implement mental health screenings (i.e. depression screening, suicide assessment, etc.) and delivery of psychiatric medications.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2q. Developmental Disability Clinical Services - Background Information

I/DD providers report that psychiatric treatment is close to non-existent in Cayuga County for individuals with I/DD diagnoses. In addition, individuals are unable to access psychological evaluations.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Increase capacity for psychiatric services for individuals with intellectual and developmental disabilities as well as psychological assessment services.

Objective Statement

Objective 1: The LGU will consult with the Article 16 clinic regarding rebuilding capacity for psychiatric care

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2r. Developmental Disability Children Services - Background Information

I/DD providers report a growing concern for lack of services for children under the age of five.

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):
Funding resources are needed.

Change Over Past 12 Months (Optional)