

# Cayuga County Community Services Board

Theresa Humennyj, Chair

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## PEOPLE WITH DEVELOPMENTAL DISABILITIES SUBCOMMITTEE

October 13, 2022

**Members Present:** Stephen Smith (Chair), Shannon Abate, Kimberly Granato, Lorie Fischer, Elizabeth Signorelli (left before the meeting adjourned)  
**Members Excused:** Timothy Donovan, Andrea Hansen, Joan Meyers  
**Members Absent:** Katherine Dunchak  
**Staff/Guests Present:** Lauren Walsh, Director, CCCMHC; Elizabeth Burke, Deputy Director, CCCMHC; Shelley Farrell and Josh Overstreet, Prime Care Coordination; Beth Astramskas, OPWDD Regional Office; Daniel Lesinski, Cayuga Centers; Nicole Overstreet, Unity House

- I. **CALL TO ORDER AND INTRODUCTIONS** – Called to order by Stephen at 12:03pm. Introductions were made.
- II. **PUBLIC TO BE HEARD** – None at this meeting.
- III. **REVIEW OF MINUTES** – Members were emailed a draft of the September 8, 2022 minutes. On a motion by Kimberly, seconded by Lorie, the minutes were approved as submitted. All in favor, motion carried.
- IV. **LOCAL SERVICES PLAN** – This year’s plan was delayed because they’re reworking the way plans are done in the future. This year’s plan is due in October; had about two months to work on it instead of the usual four to five months. In March 2023, we will begin working on the plan for the next four years; this is a major change. Going forward, LSPs will be four-year plans with small yearly changes. This year’s plan will be more abbreviated than previous plans. Elizabeth Burke asked for feedback from the subcommittee for the PWDD portion of the LSP. Priorities from previous plan that will carry forward: service gaps (increased access to psychiatry; increased access to crisis services, including mobile crisis; increased access to out of home short term respite); expanding treatment options; cross-system training; creating a network of county providers who have cross-term expertise; address workforce shortages; and identify and create employment/volunteer opportunities for people with developmental disabilities. Lauren verified that increased access to psychiatry remains a need. Discussion of if psychiatric nurse practitioners meet the regulations for OPWDD. Kimberly shared that she knows people who are too anxious to leave the house to attend programs; Elizabeth Burke shared that there is a possibility for providers to go into the home for people with Medicaid. Discussion took place regarding experiences people are having with extreme anxiety. Conclusion was drawn to add home-based services to the LSP. Members and agency representatives affirmed need for crisis services, including respite. Discussion regarding workforce shortage, an issue happening across the board. Discussion of transportation in the county. Discussion of if telehealth will continue for people with developmental disabilities; add advocacy for continuing telehealth to the LSP. Increased service options for ages birth through five added to LSP.
- V. **DIRECTOR’S REPORT** – Haven’t been able to start daytime mobile crisis yet at CCCMHC due to not finding an additional social worker. Lauren appreciated everyone’s input on the LSP.
- VI. **NEW BUSINESS** – Four terms are up in December: Lorie Fischer, Joan Meyers, Timothy Donovan, and Elizabeth Signorelli. Elizabeth will continue on with the subcommittee. Lorie Fischer has someone she would like to suggest to add to the committee and will contact Stephen.

Stephen also has ideas for the other three people who need to join the committee.

**VII. ADJOURNMENT** – The meeting was adjourned at 12:57pm by Stephen in his position as chair. At time of adjournment, there were not enough subcommittee members to put this to a motion.

Respectfully submitted,



Kelsey R. Marquart, Senior Typist