

Cayuga County Community Services Board

Theresa Humennyj, Chair

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Mental Health Subcommittee

September 15, 2022

Members Present: Theresa Humennyj (Chair); Christine Bianco (arrived at 12:14pm); Jean Petrosino-Winne; Diane Schenck; Katie Stott-Dennis (left at an unknown time); Elizabeth Vuillemot

Members Excused: None

Members Absent: Beth Dishaw

Staff/Guests: Lauren Walsh, Director of Community Services; Elizabeth Burke, Deputy Director, CCCMHC; Yolanda Cherbini and Cameron Farash, Liberty Resources; Emily Hitchcock, Cayuga Counseling; Judi Magee, Unity House; Alyssa Maglione, Helio Health; Nyka Phelps, PROS

- I. Theresa called the meeting to order at 12:01pm.
- II. Draft minutes of the June 2022 meeting were emailed to members. On a motion by Jean, seconded by Elizabeth, the June 16, 2022 meeting minutes were approved; motion carried.
- III. **Public to be Heard** – None at this meeting.
- IV. **Director's Report** – Still waiting to start daytime mobile crisis. Hiring has been a barrier but hopefully will be able to fill the needed social work position soon. Working closely with Sheriff's office and school districts on a comprehensive, collaborative threat assessment process. All schools will be using the same assessment tool. Lauren asked if the November 10th subcommittee meeting could be moved to November 9th due to a CCCMHC staff retreat. Theresa asked the present subcommittee members if there was any opposition to moving the November meeting, and there was not. Kelsey will send this change to all attendees after the meeting.
- V. **Local Services Plan** – 2023 LSP is due at the end of October. Lauren and Liz will be drafting this and asking for feedback. Check your email for the information Kelsey sent out on this. Theresa encouraged everyone to set aside an hour or two to review the materials as soon as possible.
- VI. **Mental Health Task Force** – The task force took a break for summer and will be restarting their work shortly.
- VII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
 - a. Behavioral Health Unit – No representation.
 - b. Cayuga Counseling Services – No discussion.
 - c. Contact Community Services – No representation.
 - d. Hillside – Looking for an OLP. Looking for Children's Health Home Referrals.
 - e. Liberty Resources – Cameron offered to work with clients who frequently utilize CCCMHC crisis services by having them come to the crisis respite location on Perry Street. Liz stated that CCCMHC is interested in this and would like to be able to do a warm handoff between the two agencies. Cameron is going to follow up with Liz.
 - f. PROS/Unity House – Audit went very well. A few attendees are working on peer certification. Nyka asked about other resources for anger management; people will come to PROS and take the anger management class but then not complete the whole program. Jean suggested providing a refresher for behavioral court. Cayuga Counseling runs a RESPECT program for perpetrators of domestic violence; call Cayuga Counseling and ask for Ruth for more information on that program (this is a 20 week program that's paid

out of pocket). Lauren suggested CCCMHC for specifically DBT. Looking for staff.

VIII. **Old Business** – Discussion of agency reporting formatting will continue at CSB. No one volunteered to be chair or co-chair for the Mental Health Subcommittee.

IX. **New Business** – None discussed.

X. **Announcements** – Jean mentioned that East Hill Medical is running a weekly free grief support group for adults at 6pm on Wednesdays in the Metcalf building. Theresa asked everyone to share their thoughts in the survey sent out by Auburn Community Hospital and the Cayuga County Health Department. CAP starting their Warm the Children program soon. CSB will continue to prioritize opioid settlement funds for Cayuga County. Theresa thanked everyone for their attendance.

XI. **Adjournment** – On a motion by Diane, seconded by Jean, the meeting adjourned at 12:55pm; motion carried.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'K R M', with a long horizontal flourish extending to the right.

Kelsey R. Marquart, Senior Typist