

Cayuga County Community Services Board

Theresa Humennyj, Chair

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PEOPLE WITH DEVELOPMENTAL DISABILITIES SUBCOMMITTEE

September 14, 2023

Members Present: Stephen Smith (Chair), Michele Vangiesen, Elizabeth Signorelli, Kate Dunchak, Christopher Greene, Bob Granato, Andrea Hansen
Members Excused: Kimberly Granato, Shannon Abate
Members Absent: None
Staff/Guests Present: Lauren Walsh, CCMHC; Joshua Overstreet, Prime Care; Nicole Overstreet, Unity House; Beth Astramskas, OPWDD; Aaron Brozon, Unity House; Julie Shaw, CCMHC.

I. CALL TO ORDER AND INTRODUCTIONS – Called to order by Stephen Smith at 12:04 PM

II. PUBLIC TO BE HEARD – None at this meeting.

III. REVIEW OF MINUTES – Members were emailed a draft of July 2023, minutes. On a motion by Andrea Hansen, seconded by Elizabeth Signorelli, the minutes were approved as submitted. All in favor, motion carried.

IV. LOCAL SERVICES PLAN – None at this meeting.

V. DIRECTORS REPORT- Located in Syracuse, there will be a new inpatient pilot run by the state for individuals with developmental disabilities. The goal of this is to have a step-down respite program for individuals who were hospitalized. Individuals with developmental disabilities will not be excluded from this program. Elizabeth Signorelli, CCCMHC, who specializes in how to interact with individuals. Elizabeth also worked with CCCMHC Mobile Crisis. CCCMHC has been approved for the Samsa Grant, this grant will span over 4 years to cover all things DBT related. With this grant there will be training at all schools for staff and students to be able to use the common language of DBT, and to learn what those skills are.

VI. AGENCY REPORTS

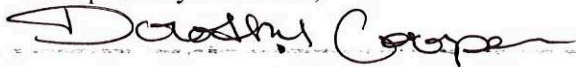
- a. Arise – No representation.
- b. Cayuga Centers – No representation.
- c. Cayuga Counseling – No representation.
- d. DDRO- South advocacy association of NY conference Thurs Oct 26-Sat Oct28 Albany Marriot on Wolf Road. Anti Stigma campaign, Look beyond my developmental disability. The COLA going out at agency provider rates- that will increase the DSP wages- 4% in April, and previous year there was a 5% increase.
- e. Exceptional Family Resources – No representation.
- f. Gavras Center – No representation.
- g. Mozaic – Will be starting renovations on the new building for Creative Arts and Technology Center on September 25. Hoping the first phase will be done as of March 2024. Spotlight Studios will be moving at this time. VR is being used for Employment Services, which has completely taken off.
- h. Unity House- Aaron Brozon, Cayuga County Day services- accepting admissions, particularly Site Based. Comm hab is currently waitlisted. Self-direction program (May be a small wait for these services.) and ISS program are also taking on referrals.

VII. NEW BUSINESS – Julie Shaw, from CCCMHC Mobile Crisis, joined the meeting today to talk about how to request Mobile Crisis assistance, as well as some examples of when to call. When

calling for Mobile Crisis, you will use prompt 9 for crisis, let support staff know what is going on, then they will route the call to Mobile Crisis to take over. Daytime Mobile Crisis runs from 9 AM-5 PM, Liberty Resources runs from 5 PM- 12AM. The role of Mobile Crisis is to make an assessment and provide the necessary support. Following the visit, the case will be followed by Greg for up to two weeks after, to provide more services and support as needed. If it goes beyond that 2-week time frame a new crisis would be initiated to restart the clock. This follow up is very important for some people who have never had services prior- Mobile Crisis can often be the first support. Often, they have been able to avoid a hospital or police intervention by working to de-escalate some situations.

- VIII. OLD BUSINESS** – Stephen discussed at the main meeting of Services Board- Attendance, to please try to hold each meeting. Stephen will be making follow up calls if members do not let Dorothy know about attendance to ensure that there will be a quorum.
- IX. ANNOUNCEMENTS** – None currently.
- X. ADJOURNMENT** – The meeting was adjourned at 12:48 by Andrea Handson and seconded by Michelle Vangeisen.

Respectfully submitted,

A handwritten signature in black ink that reads "Dorothy Cooper". The signature is written in a cursive style with a large initial "D" and a long, sweeping underline.

Dorothy Cooper, Senior Clerk