

Cayuga County Community Services Board

Laurie Piccolo, Chair

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Mental Health Subcommittee

July 15, 2021

Members Present: Theresa Humennyj (Chair); Jean Petrosino-Winne, Diane Schenck, Katie Stott-Dennis; Elizabeth Vuillemont

Members Excused: Beth Dishaw

Members Absent: None

Staff/Guests: Jennifer Coughlin, Deputy Director, CCCMHC; Amy Sargent and Latisha Burke, Liberty Resources Mobile Crisis; Aaron Pascale, Hillside; Judi Magee, Unity House; Timothy Donovan, Community Peer Advocate; Becky Waldron, Cayuga Counseling; Nyka Phelps, PROs; Lynda Darrow, Auburn Community Hospital

- I. Theresa called the meeting to order at 12:01pm.
- II. Draft minutes of the May meeting were emailed to members. On a motion by Jean, seconded by Elizabeth, the May 20, 2021 meeting minutes were approved as submitted; motion carried.
- III. **Public to be Heard** – None this month.
- IV. **Director's Report** – Jennifer reported that the new four-bed adult respite has opened in Cayuga by Liberty Resources. Latisha shared that 1-855-778-1900 can be called for access to mobile crisis and respite resources. On the Cayuga County website, you can go to Departments > Mental Health > Services to find information on adult respite and all county mental health services. Suicide rate in Cayuga County is increasing, so more emphasis will be put on suicide prevention in the coming year. One of the first steps will be to connect with pediatricians because the child suicide rate is also increasing. The prevention program(s) will begin with children and broaden to all demographics. Katie volunteered to provide her perspective and insight as a teacher to assist with these program(s).
- V. **Local Services Plan** – Local Services Plan was submitted. Jennifer thanked everyone for their input, as it was very helpful in figuring out how to organize thoughts around what to include in the LSP. Timothy thanked Jennifer for all her hard work on the LSP.
- VI. **Mental Health Task Force** – Timothy asked everyone to read the Mental Health Awareness Column for *The Citizen* that he wrote in March that Kelsey sent out today, titled "How to Get Help with Cluttering and Hoarding." He would like to work with the Task Force on this topic.
- VII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
 - a. Behavioral Health Unit – Not discussed.
 - b. Cayuga Counseling Services – Not discussed.
 - c. Contact Community Services – Not discussed.
 - d. Evergreen – Not discussed.
 - e. Hillside – Not discussed.
 - f. Liberty Resources – Not discussed.
 - g. PROs/Unity House – Not discussed.
- VIII. **Old Business** – CSB is meeting in person this month, and discussion will take place regarding guidelines for in person meetings. Theresa said virtual meetings will continue to occur for the Mental Health subcommittee and will be reevaluated in September.

IX. **New Business** – None discussed.

X. **Announcements** – None discussed.

XI. **Adjournment** – On a motion by Jean, seconded by Elizabeth, the meeting adjourned at 12:40pm;
motion carried.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kelsey R. Marquart", with a long horizontal flourish extending to the right.

Kelsey R. Marquart, Senior Typist