

Cayuga County Community Services Board

Theresa Humennyj, Chair

146 North Street, Auburn, NY 13021-1831
Phone: (315) 253-0341/Fax: (315) 253-1687

Alcohol & Substance Abuse Subcommittee

July 6, 2022

Members Present: Shari Weiss, Chair; Sarah Dawson; Timothy Donovan; Gary Mann; Brian Schenck; James Slayton
Members Excused: JoLynn Mulholland; Laurie Piccolo
Guests Present: Jason “Wally” Meyers; Courtney Seamans; Monika Salvage; Caroline Dixon; Ashley Short; Carol Colvin
Staff: Liz Burke, CCCMHC

I. CALL TO ORDER & INTRODUCTIONS

Chair Shari Weiss called the meeting to order at 12:02 p.m. Chair Weiss welcomed the Subcommittee and introductions were made. Quorum was present.

II. PUBLIC TO BE HEARD – None this month.

III. REVIEW OF MINUTES

Members were emailed a *draft* of the June 1, 2022 minutes. On a motion by James Slayton, seconded by Brian Schenck, the June 1, 2022 minutes were approved. Motion carried.

IV. AGENCY REPORT Q & A

Reports were provided prior to the meeting.

- ❖ C.H.A.D - Shari Weiss noted on the report that very few patients are choosing to return to in person appointments. Caroline Dixon updated that they are unable to mandate in person appointments but are encouraging clients to come into the office. She requested that when community members are referring a client to C.H.A.D. to advise the client that they are expected to be seen in person at least every other visit. In a meeting with the commissioner, the commissioner talked about the updated guidance that would be coming out in the next few weeks that will include reduction of social distancing but continuance with masking. Per OASAS, masks are still required when coming into the office.
- ❖ Liz Burke updated that CCMHC is currently seeing 25% of their clients virtually and the remainder in person. Since CCCMHC has been back open for over a year, it has been a gradual process in seeing clients return to in person appointments.

V. DIRECTOR’S REPORT

Liz Burke provided the following updates:

- ❖ Wally was able to recruit a psychiatric NP, Tammy Balamut, to handle BUP inductions. She currently lives in Fayetteville, but will be relocating to this area in November. Her office will be located in the Carr Building. She will be accepting Medicaid Fidelis, United Health Care, and Molina insurances. Caroline advised that for those who are uninsured and are affiliated with or going to be affiliated with C.H.A.D., Dr. Dinello, through Work Health Solutions, will do a same day induction and will give the client two weeks to get connected with services. You may contact Jackie or Caroline for assistance.
- ❖ Liz updated that CCCMHC has just contracted with a new psychiatric NP, Sonya Sariego, who is interested in doing Medication Assisted Treatment.

- ❖ Brian Schenck provided the following update: he, Lauren Walsh, Shelyagh Kennedy, Brian Bush, Dr. Duckett, and several others went to the Saratoga Sheriff's Office to look at their MAT program in their jail. The State Commission of Corrections recommended Saratoga County because they have one of the better MAT programs that are currently operational. There were a number of people from Saratoga County who matched the positions of the representatives from Cayuga County, which allowed the opportunity to ask questions and obtain contacts. Brian felt from his perspective that this was a very worthwhile trip.
- ❖ The County Legislature made the determination that CSB will be making the decisions on how the Opioid Resettlement Funds will be spent. CSB will be setting up protocols on how to receive the funding.
- ❖ Brian Schenck updated on the County ARPA funding. There has been discussion about dedicating some money for not for profits to apply for and he is unaware of any resolutions in July. Discussions are still taking place.

VI. OLD BUSINESS – None this month.

VII. NEW BUSINESS

- ❖ Summer Community Events and Activities
 - Ashley Short announced that Nick's Ride will have two events. The first event, 2nd Annual We Run 4 Recovery 5K will be held July 13th at 7:00 p.m. The second event will take place on August 19th; Nick's Ride has been identified to be the recipients of fundraising from the Beardsley's 18th Annual Golf Tournament. Ashley will send information to Paula for distribution regarding both of these events.
 - Brian Schenck announced that there will be a prescription take back event in Cato on July 27th. Wally will bring some brochures so they can make this a prevention event as well.
 - James Slayton announced that August 2nd from 6:00 p.m. to 9:00 p.m. APD will be hosting a National Night Out event in downtown Auburn. This will be open to the community.
 - Shari Wiess announced that the Cayuga Community Health Network will be celebrating 25 years of service in the community at Falcon Park on August 20th. The free family event will take place from 1:00 p.m. to 3:30 p.m., and then from 4:30 p.m. - 9:30 p.m. will be the *Rock Your Health* event with Johnny Bender. Tickets for that event are \$10.00. Paula has sent out flyers regarding this event.

- ❖ Summer Prevention Efforts – See Brian Schenck's announcement above.

Timothy Donovan requested a change to the June minutes. Shari advised that since the minutes were already approved, no changes could be made. Shari advised the committee that if changes were requested in the future, please send them to Paula prior to the meeting.

VIII. ANNOUNCEMENTS

Monika Salvage announced a Narcan Training this Friday at the County Office Building from 9:00 a.m. to 5:00 p.m. They are planning future events this summer throughout the county.

Shari Weiss announced that they are starting a paranatal infant child community health collaborative grant through the State Department of Health. There will be two community health workers who will work with women between the ages of 15 to 44. If you have someone you are working with who may need some support, they will help with referrals and getting connected to resources for health assessments and pregnancy-related issues. This program is designed to help with health and wellness.

Shari reminded the committee that there will be no meeting in August. The next meeting will be in September. If there any announcements for August, please send them to Paula for distribution.

Sarah Dawson asked if there were any organizations that were taking gently-used professional clothing that can be distributed to people when going on an interview. Brian mentioned that CAP helps people with job searches and has a clothing closet. Timothy Donovan advised that Chapel House also provides this service. He also collects clothing to distribute to the local agencies and to please contact him for assistance.

IX. ADJOURNMENT

The meeting adjourned at 12:33 p.m. on a motion by Timothy Donovan and seconded by James Slayton. Motion carried.

Respectfully submitted,



Paula M. Rubano, Senior Clerk
Cayuga County Mental Health Center