

# Cayuga County Community Services Board

Laurie Piccolo, Chair

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## Mental Health Subcommittee

June 20, 2019

**Members Present:** Beth Dishaw, Scott Marshall, Linda Murphy, Heather Paris, Deborah Riester, Diane Schenck

**Members Excused:** Theresa Humennyj (Chair), Katie Stott-Dennis

**Members Absent:** Martin Centers

**Staff/Guests:** Ray Bizzari, Cayuga County Mental Health Director; Jennifer Coughlin, Cayuga County Mental Health Deputy Director; Jackie Bex, Cayuga Counseling Services; Stephanie Dean, Contact Community Services; Karen Eller, Evergreen; Brian Schenck, Cayuga County Sheriff; Timothy Donovan, CSB/ASAS/PWDD

- I. Scott called the meeting to order at 12:02pm.
- II. Draft minutes of the May meeting were emailed to members. On a motion by Linda, seconded by Diane, the May 16, 2019 meeting minutes were approved as submitted; motion carried.
- III. **Public to be Heard** – Timothy announced that West Middle School apartments are going to get a designated bus shelter at the end of July.
- IV. **Speaker:** Sheriff Brian Schenck – Has started working on a project with Ray and Jennifer to form a crisis intervention team at the sheriff's office. The team will provide training and resources to law enforcement agencies in the community to help in the area of mental health. On June 6 there was a mapping exercise with many representatives from different mental health agencies. There is a need to bring these agencies together to touch base regarding community happenings/link resources and services. Sheriff Schenck is going to organize a quarterly meeting and wanted to make sure the MHSC was on board with the idea first.
- V. **Director's Report** – CIT mapping went really well. Waiting for OMH to give go-ahead for mobile crisis to operate 24/7. Hoping to get a second round of funding for FAST from SAMHSA, which would provide more funding for expansion of DBT and services in schools. Staff going to Gavras Center to train Headstart teachers/aides/students on trauma informed yoga techniques/self-regulation/emotional regulation. Suspension doesn't help; want to give kids skills that will help them throughout their lives. Also working with five teachers in AESCD who are going to try to encourage other teachers to join. Couple minutes out of the classroom day, consistent with state/federal guidelines on mental health education and awareness in the curriculum.
- VI. **Local Services Plan** –
  - a. Mental Health Task Force – Facebook: two new likes, two new follows, engagement up by 63% since last month. Heather invites people who like posts to like the page. Spoke with Lauren about arranging presentation with DBT kids, which is in progress.
  - b. Starting in September, add Mental Health Awareness Month to the agenda to begin planning for next year. The banner will be utilized again, and lights for downtown will be discussed (a fundraiser is necessary for these). Also want to work on getting placemats in local restaurants with mental health resources printed on them. Timothy shared that you can break down the lights per street in downtown instead of putting them everywhere to cut down on costs.

- VII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
- a. Behavioral Health Unit – Not discussed.
  - b. Cayuga Counseling Services – Last month switched to open access model, which has been going well. Everyone who was on a waiting list has been contacted to come in and start services.
  - c. Contact Community Services – Got a SAMHSA grant for “air traffic control model” – clients are followed every step of the way. The agency ensures they are going to appointments, continuously follows up, makes sure they don’t fall through the cracks and get connected to all the services they need – especially while they’re in crisis.
  - d. Evergreen – New case manager, Erika Korthas, has been making a big, positive difference; seeing major improvement.
  - e. Hillside – Not discussed.
  - f. Liberty Resources – Not discussed.
  - g. PC<sup>2</sup> – Timothy has been working with Martin and Margaret on a fundraiser. Refinery Restaurant at Hilton Garden Inn in Auburn does a quarterly fundraiser for nonprofit organizations. PC<sup>2</sup> will get a percentage of the food and beverage sales for July, August, and September. Let your bartender/server know you want to support the fundraiser.
  - h. PROs/Unity House – Not discussed.

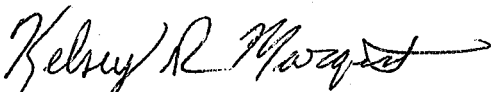
VIII. **Old Business** – Not discussed.

IX. **New Business** – 34 Wright Ave, Unity House is the meeting location for next month.

X. **Announcements** – CASA (Children Affected by Substance Abuse Program) now taking referrals at SAVAR. Both the child and their caregiver will get free counseling through the program.

XI. **Adjournment** – On a motion by Linda, seconded by Deb, the meeting adjourned at 12:30pm; motion carried.

Respectfully submitted,



Kelsey R. Marquart, Typist