

Cayuga County Community Services Board

Theresa Humennyj, Chair

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Mental Health Subcommittee

June 16, 2022

Members Present: Theresa Humennyj (Chair); Christine Bianco; Jean Petrosino-Winne; Katie Stott-Dennis; Elizabeth Vuillemot
Members Excused: Beth Dishaw
Members Absent: Diane Schenck
Staff/Guests: Lauren Walsh, Director of Community Services; Elizabeth Burke, Deputy Director, CCCMHC; Yolanda Cherbini, Amy Sargent, and Cameron Farash, Liberty Resources; Aaron Pascale, Hillside; Emily Hitchcock, Cayuga Counseling; Judi Magee, Unity House; Alyssa Maglione, Helio Health

- I. Theresa called the meeting to order at 12:07pm.
- II. Draft minutes of the May 2022 meeting were emailed to members. On a motion by Christine, seconded by Elizabeth, the May 19, 2022 meeting minutes were approved; motion carried.
- III. **Public to be Heard** – None at this meeting.
- IV. **Director's Report** – Working on a comprehensive crisis response system throughout the state. 988 rollout should be happening July 16. This will take over for the National Suicide Prevention Lifeline number. Soft rollout will occur to give providers a chance to update materials/safety planning. Information available on OMH website. Three-year initiative to expand quantity and quality of mobile crisis teams statewide. Can't start daytime mobile crisis program at CCCMHC until a new therapist is hired to take over some of the caseloads of current therapists who will be on the mobile crisis team. There will be intensive crisis stabilization centers. RFP is out and two applicants in the region that have applied. This will probably be located in Onondaga County. Will offer 24/7 urgent treatment for people with acute mental health/substance use needs. Will also offer detox, MOUD, peer/recovery services. Another RFP this summer for supportive crisis stabilization centers that will be a little less intense. Also 24/7 with more emphasis on peer services, support, and referrals.

Working on integrative relationship with East Hill to connect clients with a primary care physician. Have hired a new part-time nurse practitioner; one contract psychiatrist is leaving. Have been talking with Auburn Community Hospital regarding providing FAST referrals from ACH. Had meeting with BHU discussing different services in the county, coordination, and communication and also asked BHU about participating in this subcommittee meeting. Question regarding support for youth with substance use needs. Discussion of CHAD going into the schools to present. Lauren shared that grants have been submitted that would help in this area. Liz Burke advocated for introducing universal DBT skills in schools. Jean mentioned that Jolynn Mullholland would be a great contact for this. Cameron mentioned a family addition support program, OASAS Family Support Navigator Program; their phone number is (315) 471-1359.
- V. **Local Services Plan** – Due date is extended. As soon as anyone hears anything about the new due date, they will let the subcommittee know.
- VI. **Mental Health Task Force** – Theresa wanted to thank everyone who participated in planning Mental Health Awareness Month events. The task force is going to take summer off and reconvene in the fall.
- VII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)

- a. Behavioral Health Unit – Not discussed.
- b. Cayuga Counseling Services – Not discussed.
- c. Contact Community Services – Not discussed.
- d. Hillside – Not discussed.
- e. Liberty Resources – Not discussed.
- f. PROS/Unity House – Not discussed.

VIII. **Old Business** – Two open spots on the Mental Health Subcommittee board; a parent of someone who receives services or a recipient of services would be great. Katie asked if there were any age restrictions for subcommittee members. A Chair is still needed. Theresa wants a decision made by September.

IX. **New Business** – None discussed.

X. **Announcements** – Happy Pride Month! Visit AuburnNYPride.com for information on events. Liberty Resources crisis respite available 8am-8pm. Nick's Ride has a 5K walk/run coming up.

XI. **Adjournment** – On a motion by Jean, seconded by Christine, the meeting adjourned at 12:54pm; motion carried.

Respectfully submitted,



Kelsey R. Marquart, Senior Typist