

Cayuga County Community Services Board

Laurie Piccolo, Chair

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Alcohol & Substance Abuse Subcommittee

May 5, 2021

Members Present: Shari Weiss, Chair; Shawn Butler; Timothy Donovan; Michael Greene; Gary Mann; JoLynn Mulholland; Brian Schenck
Members Excused: Laurie Piccolo
Guests Present: Carol Colvin; Rick Hansinger; Sarah Dawson; Monika Salvage; Courtney Seamans; Mica Gonzalez; Connie Wierzbicki; Ashley Short; Kevin Hares; Caroline Dixon
Staff: Jennifer Coughlin, CCCMHC

I. CALL TO ORDER & INTRODUCTIONS

Chair Shari Weiss called the meeting to order at 12:01 p.m. Chair Weiss welcomed the Subcommittee and introductions were made. Quorum was present.

II. PUBLIC TO BE HEARD – None this month.

III. REVIEW OF MINUTES

Members were emailed a *draft* of the March 3, 2021 minutes. On a motion by Timothy Donovan, seconded by Brian Schenck, the March 3, 2021 minutes were approved. Motion carried.

IV. AGENCY REPORT Q & A – None this month.

V. DIRECTOR'S REPORT – None this month.

VI. OLD BUSINESS

❖ Local Services Plan Update – Jennifer Coughlin

- There will be two survey links sent out within the next couple of days. The first focuses on the Local Services Plan and the second on COVID-19. Information obtained from these surveys will be used to further develop the Local Services Plan. Please participate in both surveys.
- Reviewed the goals and interventions for the LSP based on previous conversations. Topics included:
 - Housing
 - Crisis Services
 - Workforce Recruitment
 - SUD Outpatient Services
 - Heroin and Opioid Programs and Services
 - Recovery and Support Services

Once the LSP is completed, Jennifer will forward to the committee for review.

- Discussion took place regarding addressing transportation and youth services in the LSP.

❖ COVID-19 Updates – No discussion took place.

VII. NEW BUSINESS

- ❖ Wellness Activities/Opportunities – Sarah Dawson
Sarah is a yoga mindfulness meditation instructor and would like to bring this beneficial tool to the community. Additionally, she is interested in becoming active on this committee. Discussion took place regarding volunteering her services at different locations throughout the community. Sarah will send information to Paula for distribution.

VIII. ANNOUNCEMENTS

- ❖ Shawn Butler announced he will be retiring in July. He suggested that his replacement take his place on the committee. Shari will send a nomination form to Shawn to complete and submit to the nominating committee of the Community Services Board.
- ❖ Gary Mann updated that the HEALing Communities, Auburn Housing Authority, and Rescue Mission are collaborating to place NARCAN boxes throughout the community. Pop-up events are being held to inform the public about NARCAN.
- ❖ Monika Salvage updated on the need to focus on making NARCAN available to the community and placing public boxes in different housing developments and throughout the business community.
- ❖ Timothy Donovan advised that May is National Mental Health Awareness Month. A banner has been placed downtown and green ribbons have been displayed in area stores and businesses. Tim will be forwarding a flyer to the subcommittees in recognition of Mental Health Awareness Month and the Family Access to Services Team (FAST).
- ❖ Mica Gonzalez advised that there is funding available through the Central Addiction Resource Center for communities to support some of the initiatives discussed in today's meeting. Please let her know if you need assistance in funding or on any collaborative initiative. In addition, she is putting together a resource guide. If you have information you would like to include in this guide please, let her know. Mica will send information to Paula for distribution.

IX. ADJOURNMENT

The meeting adjourned at 12:41 p.m. on a motion by Timothy Donovan and seconded by Gary Mann. Motion carried.

Respectfully submitted,



Paula M. Rubano, Senior Clerk
Cayuga County Mental Health Center