

Cayuga County Community Services Board

Laurie Piccolo, Chair

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Alcohol & Substance Abuse Subcommittee

April 6, 2022

Members Present: Shari Weiss, Chair; Sarah Dawson; Timothy Donovan; Gary Mann; Laurie Piccolo; Brian Schenck; James Slayton
Members Excused: JoLynn Mulholland
Guests Present: Alyssa Maglione; Dorothy Radcliff; Caroline Dixon; Monika Salvage; Carol Colvin; Ashley Short; Jason “Wally” Meyers; Emanuel Murray; Lisa Forshee
Staff: Lauren Walsh, Liz Burke, CCCMHC

I. CALL TO ORDER & INTRODUCTIONS

Chair Shari Weiss called the meeting to order at 12:01 p.m. Chair Weiss welcomed the Subcommittee and introductions were made. Quorum was present.

II. PUBLIC TO BE HEARD – None this month.

III. REVIEW OF MINUTES

Members were emailed a *draft* of the March 2, 2022 minutes. On a motion made by Timothy Donovan, seconded by Gary Mann, the following correction was made to Monika Salvage’s update under the Director’s Report for the March 2, 2022 minutes to read as follows:

The HEALing Communities Study has provided funding to expand mobile crisis services to include substance use disorder calls, make the service available to the public with a direct phone number 315-251-0800, and promote it through a public information campaign.

On a motion by Laurie Piccolo, seconded by Timothy Donovan, the March 2, 2022 minutes were approved. Motion carried.

IV. AGENCY REPORT Q & A

Reports were provided prior to the meeting. No discussion took place.

V. DIRECTOR’S REPORT

Lauren Walsh updated on the following:

- ❖ Medication Assisted Treatment
 - Lauren continues to work with the jail in providing this service. There is an upcoming meeting to further discuss this program.
- ❖ Mobile Crisis Expansion
 - A position has been posted for the substance abuse coordinator at Liberty Resources.
 - These services will be open to the public.
- ❖ MOUD
 - They continue to work on a plan to fill the gap that will be created when the contract expires with Dr. Follette. There is an upcoming meeting to discuss this issue.
 - As the HEALing Communities Study is nearing an end, they are looking at ways to continue with the Narcan program.

VI. OLD BUSINESS

- ❖ ASAS Chair Position – Shari Weiss wants to ensure there are no concerns with her being Co-Chair of the Community Services Board as well as being Chair of the Alcohol and Substance Abuse Subcommittee. The by-laws state that the Chair of the CSB cannot chair a subcommittee; however, there is no rule regarding the Co-Chair being unable to chair a subcommittee. Shari is comfortable to continue with both positions. After a brief discussion, it was agreed that Shari will continue in both positions.
- ❖ Local Services Plan – 2.f Prevention
Shari updated that COVID-19 has been the focus of the meetings the past months. If there are concerns or issues relating to COVID-19, she encouraged discussion. At this time, she feels the committee should refocus on the Local Services Plan. Shari reviewed the background information for this objective and updated that the Drug Free Community Coalition continues to exist and operate. They had applied for the Community Coalitions Grant through the state. They encountered an issue with the application which disqualified them from the grant process. They are currently using the STOP Grant for the DFCC, but this narrows their focus to alcohol use among minors. There is a yearly Drug Free Federal Grant that they can apply for, but felt they would take a gap year to plan as they did not feel they had the capacity to sustain it this year. They also felt the need to be more strategic in meeting the requirements. Shari and Jolynn Mulholland will be working with Caroline Dixon to determine how to move forward from here.
- ❖ HEALing Communities Study
Monika Salvage provided the following update:
HEALing Communities:
 - HEALing Grant Timeline
 - Grant Year 3 ended 3/31/22 and brought \$508,000 of HEALing grant funds to Cayuga County.
 - Entering into the final grant year; no new funds for interventions; limited funding for staffing.
 - Identify Overdose Trends
 - No overdose fatalities in March; one week with no report of overdoses.
 - All fatalities in the last six months were females; exploring strategies to address that trend.
 - Expand Narcan Distributions
 - 157 Narcan kits distributed in the county through March (136 kits distributed in all of 2019).
 - Other counties look to us for Narcan box placement program.
 - Solidify Post-overdose Outreach and Linkage
 - Completed artwork and advertisement for the expansion of Mobile Crisis services. They worked with the Liberty Regional Manager and Marketing Director on promotional material. Also thanked Shari for providing the Health Network's non-profit authorization for the saturation mailer, which cut the mailing price in half.
 - Enhance Access to Medications for Opioid Use Disorder (MOUD)
 - The contracted prescriber who provides same-day initiations finishes in June. They are working towards filling that service locally and, if that is not possible, look at other ways to fill the gap.

- County Mental Health Center has integrated MOUD treatment with an existing staff prescriber.
 - Discussion took place regarding finding a prescriber to provide MOUD treatment, the requirements in providing this service, and the hospital's assistance.
- ❖ Local Services Plan – 2.f Prevention
- Shari updated that May was Mental Health Awareness Month. The second piece of prevention is suicide prevention. There has been a rise in suicide attempts. A lot of those individuals also struggle with substance use and addiction. Mobile crisis has been instrumental in assisting with these cases.
- Ashley Short updated that Nick's Ride partnered with the YMCA for a youth lock-in. Approximately 130 youth participated in this event, which focused on health and wellness.
 - Carol Colvin updated that May is National Treatment Court Month. On May 17th in conjunction with National Alliance on Mental Illness (NAMI), there will be a Recovery Walk. On May 16th, Treatment Court Graduation will take place in where seven people will graduate.
 - Brian Schenck suggested that we should continually flood the community with information on how people could find resources. Examples included: posting information on websites, waiting rooms, play areas, social media, The Citizen, etc.
 - Timothy Donovan shared that he will be writing a column for *The Citizen* recognizing Mental Health Awareness Month. This column will include community activities during the month of May and should be published later in April.
 - Monika Salvage updated their billboard provides information about suicides in Cayuga County and mentioned that suicides have doubled since 2019. It also provides the telephone number for the new crisis hotline.
 - Carol Colvin updated on the struggles in finding housing for a population that suffers from substance use disorders, mental health disorders and developmental disorders and disability disorders. Discussion took place regarding the housing issues within the county. It was suggested to contact the Auburn Housing Authority.

VII. NEW BUSINESS – None this month.

VIII. ANNOUNCEMENTS

Timothy Donovan requested that any information for his article on Mental Health Awareness month please be sent to him by April 19th. He also announced the Abuse and Addiction Column, "Avoiding Nicotine Addition Not Easy During COVID-19," was published in yesterday's *The Citizen*. A copy of the column will be sent to Paula to distribute to the committee.

IX. ADJOURNMENT

The meeting adjourned at 12:47 p.m. on a motion by Timothy Donovan and seconded by Laurie Piccolo. Motion carried.

Respectfully submitted,



Paula M. Rubano, Senior Clerk
Cayuga County Mental Health Center