

Cayuga County Community Services Board

Laurie Piccolo, Chair

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Mental Health Subcommittee

January 21, 2021

Members Present: Theresa Humennyj (Chair), Beth Dishaw, Jean Petrosino-Winne, Deborah Riester, Elizabeth Vuillemont

Members Excused: Diane Schenck, Katie Stott-Dennis

Members Absent: None

Staff/Guests: Ray Bizzari, Director, CCCHMC; Jennifer Coughlin, Deputy Director, CCCMHC; Aaron Pascale, Hillside; Connie Wierzbicki, Helio Health; Angela Adams and Amy Sargent, Liberty Resources Mobile Crisis; Judi Magee, Unity House; Linda Darrow, Auburn Community Hospital Behavioral Health Unit; Timothy Donovan, Community Peer Advocate

- I. Theresa called the meeting to order at 12:12pm.
- II. Draft minutes of the December meeting were emailed to members. On a motion by Deborah, seconded by Elizabeth, the December 10, 2020 meeting minutes were approved as submitted; motion carried.
- III. **Public to be Heard** – Timothy shared a statement regarding the impact of stigma that he read at the Unity House awards banquet. He recognized the work of the Mental Health Task Force, HEALing Communities Study, and Bryan Bush in fighting stigma. Theresa thanked Timothy for his advocacy.
- IV. **Director's Report** – Been processing some referrals for the ACT Team. If you have any questions re: making a referral, talk to Jennifer. Able to restore state aid cuts in the first quarter to the contract agencies. Has gone from a 20% withhold to a 5% withhold in the governor's budget, which is much more manageable. Going to loan one of the NPs from CCCMHC to CHAD as part of MOUD (Medications for Opioid use Disorder). This will give her some realtime experience in terms of writing for MOUD (buprenorphine particularly). Identified a bunch of clients at CCCMHC who are interested in being inducted. Will be presenting a transition plan so he can leave County employment sometime in the fourth quarter of 2021. He is recommending that his two current positions (DSS and DCS) be split into two full-time positions. Cayuga County is a non-chartered county; in non-chartered counties, the Community Services Board recruits and hires the DCS). Hopefully will be more money in the budget this year for crisis services for PWDD individuals. Another part of the state budget for this year is a proposal to merge OMH and OASIS. State budget should be able to push more money into supportive housing. Hopefully Cayuga County will get another grant from SAMHSA, and Ray will share more if that happens.
- V. **Local Services Plan** – Goal for next meeting is to review the LSP.
- VI. **Mental Health Task Force** – Has not met.
- VII. **Agency Reports** – (reports received prior to this meeting have been reviewed by members)
 - a. Behavioral Health Unit – Not discussed.
 - b. Cayuga Counseling Services – Not discussed.
 - c. Contact Community Services – Not discussed.
 - d. Evergreen – Not discussed.
 - e. Hillside – Not discussed.

- f. Liberty Resources – Not discussed.
- g. PROs/Unity House – Not discussed.

VIII. **Old Business** – None discussed.

IX. **New Business** – None discussed.

X. **Announcements** – Timothy shared that his column for *The Citizen* this month will be regarding Seasonal Affective Disorder. Theresa shared that Martin Centers resigned from the Mental Health Subcommittee. A few members emphasized that it would be great to have new non-service provider committee members (example - service recipients, family member, peers). Jennifer reminded the group that the state is looking for a mix of sector representation. Beth mentioned trying to recruit someone who lives in a more rural area, as the current members are Auburn-centric and when someone lives in a more rural area of the county, it can be more difficult to access services. The nominating committee meets next week and will be evaluating what openings there are on all subcommittees. Elizabeth announced that Auburn Housing Authority will be opening up regular section 8 waiting list, probably in mid-February. Currently closed to the public, but applications will be available via the website, outside the door, email, and mail. Dropboxes are located at the offices.

XI. **Adjournment** – On a motion by Beth, seconded by Jean, the meeting adjourned at 1:00pm; motion carried.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kelsey R. Marquart". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

Kelsey R. Marquart, Senior Typist